

# **OZONE ACTION DAYS** Do Your Share For Cleaner Air *Air Quality Forecast and Action Guide*

AIR QUALITY		TYPICAL WEATHER CONDITIONS	RECOMMENDED ACTIONS
<b>RED</b>	<b>Unhealthy</b>	<b>Temp:</b> middle 90s to 100s <b>Wind:</b> light breeze or none <b>Precip:</b> none	<b>When air quality reaches unhealthy levels:</b> <ul style="list-style-type: none"> <li>✦ Children should reduce outdoor activities.</li> <li>✦ Healthy individuals should limit strenuous or prolonged outdoor work or exercise.</li> <li>✦ Individuals with respiratory ailments, such as emphysema, asthma, or chronic bronchitis should limit their outdoor activities. If breathing becomes difficult, move indoors.</li> </ul> <b>When air quality forecast to reach unhealthy levels, residents are strongly urged to:</b> <ul style="list-style-type: none"> <li>✦ Limit driving and refuel cars after dusk.</li> <li>✦ Avoid mowing lawns with gasoline powered mowers.</li> <li>✦ Put off any painting until later.</li> <li>✦ Don't use aerosol consumer products.</li> </ul>
<b>ORANGE</b>	<b>Unhealthy For Sensitive Groups</b>	<b>Temp:</b> upper 80s to low 90s <b>Wind:</b> light breeze <b>Precip:</b> slight chance to none	<b>When air quality reaches levels that are unhealthy for sensitive groups, the following people should limit prolonged outdoor activities:</b> <ul style="list-style-type: none"> <li>✦ Children and adults who experience difficulty breathing outdoors.</li> <li>✦ Those with respiratory ailments.</li> </ul> <b>When air quality is forecast to reach levels that are unhealthy for sensitive groups, all residents are urged to:</b> <ul style="list-style-type: none"> <li>✦ Limit driving and refuel cars after dusk.</li> <li>✦ Avoid using aerosol products.</li> <li>✦ Share a ride, use transit, or drive only their newest, best maintained vehicle.</li> </ul>
<b>YELLOW</b>	<b>Moderate</b>	<b>Temp:</b> upper 70s to mid 80s <b>Wind:</b> light to moderate <b>Precip:</b> chance to rain	<b>When air quality is in the moderate range, residents should:</b> <ul style="list-style-type: none"> <li>✦ Consolidate trips and errands.</li> <li>✦ Limit car idling when possible.</li> <li>✦ Conserve electricity and set air conditioners to 78°</li> </ul>
<b>GREEN</b>	<b>Good</b>	<b>Temp:</b> mid 70s to mid 80s <b>Wind:</b> moderate to heavy <b>Precip:</b> chance of steady rain	<b>Throughout the ozone smog season (May through September), residents should make an extra effort to:</b> <ul style="list-style-type: none"> <li>✦ Carpool, use transit, bike, or walk when possible.</li> <li>✦ Keep cars and boats tuned.</li> <li>✦ Use environmentally safe paints and cleaning products.</li> </ul>

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