

FOOT MARCH PACKING LIST

RUCK SACK

<u>ITEM</u>	<u>QTY</u>
CAMEL BACK (UNDER TOP FLAP)	1 EA
2 QT CANTEEN (LEFT SIDE AS WORN)	1 EA
WEATHERPROOF BAG /TRASH BAG	2 EA
BLACK, TAN, OR GREEN SOCKS	4 PR
TAN T-SHIRTS	4 PR
WEAPONS CLEANING KIT (1 cleaning rod handle, 4 cleaning rods, 1 eyelet, 1 bore brush, 1 chamber brush, 1 two ended tooth brush, 1 pack of chamber patches, 1 small bottle of CLP)	1 EA
PATROL CAP (NO RANK)	1 EA
PONCHO	1EA
BROWN TOWEL & WASH CLOTH	1 EA
POLYPRO TOP AND BOTTOM	1 EA
WORK GLOVES W/INSERTS	1 PR
COLD WEATHER GLOVES	1 PR
WATCH CAP	1 EA
ACU TOP & BOTTOM	2 EA
HYGENE KIT (SHAVING CREAM, RAZOR, SOAP & DISH, 1 EA FOOT POWDER, TOOTHPASTE, TOOTHBRUSH)	1 EA
TRASH BAGS	4 EA
SMALL WATERPROOF BAGS	5 EA
ADVANCED COMBAT HELMET	1 EA
SEWING KIT	1 EA
ELECTRICAL TAPE	1 ROLL
RED LENS FLASHLIGHT	1 EA
GORETEX TOP	1 EA
550 CORD (MINIMUM 50 FT)	1 EA
HW BOOTS	1 PR
UNDERGARMENTS (<i>optional</i>)	4 PR
REFLECTIVE BELT (<i>around center of ruck</i>)	1 EA
SPARE BATTERIES FOR LAMPS	2 SETS
SLEEP SYSTEM (COMPLETE)	1 EA
ACH	1EA

CARRIED (FLC)

<u>ITEM</u>	<u>QTY</u>
MAGAZINES	7 EA
PROTRACTOR	2 EA
COMPASS	1 EA
MAP MARKERS W/ALCOHOL PEN (PERMANENT)	1 SET
WHISTLE	1 EA
PACE COUNT BEADS (<i>OPTIONAL</i>)	1SET
1 QT CANTEEN (LEFT SIDE)	1 EA
CANTEEN CUP	1 EA
EAR PLUGS	1 PR
RUBBER DUCK (ISSUED BY PRE-RANGER COURSE)	1 EA

WORN

<u>ITEM</u>	<u>QTY</u>
ACUs COMPLETE (U.S. ARMY/NAME TAPE ONLY)	1 EA
PATROL CAP W/NAME TAPE (NO RANK)	1 EA
TAN T-SHIRT	1 EA
BLACK, TAN, OR GREEN SOCKS	1 PR
HW BOOTS	1 PR
ID TAGS (LEFT BACK POCKET, GIRTH TO BELT LOOP)	1 SET
ID CARD (LEFT BREAST POCKET)	1 EA
KNIFE/LEATHER MAN	1 EA
EYE PRO (CLEAR LENS ONLY)	1 SET

LEGEND

FLC=FIGHTING LOAD CARRIER
 HW=HOT WEATHER
 CW=COLD WEATHER