



The Sabalauski Air Assault School Packing List



Day Zero

Worn Items

- ACU cap with ACU-pattern rank and name tape (no cat eyes)
- ACU top with all ACU-pattern patches and name / US Army tape
- ACU trousers (no spandex worn underneath)
- Tan T-shirt (no logos or name)
- Tan rigger belt
- Tan boots, military issued / authorized (serviceable, no ripple sole)
- Socks, no logos must be matching (black or green military issue)
- Underwear (optional)
- Sports bra (females)
- ID tags with long and short chain (around neck with medical alert tag)
- ID card (in left or right chest pocket)

Carried Items

- 1-qt canteen, full (topped off-filled to the brim)
 - Small notebook w/pen or pencil (not in sleeve)
 - 1 pair running shoes (no basketball or casual shoes)
 - Reflective belt, yellow
 - MRE, complete (not field stripped)
 - Signed copy of FC Form 4137, dated JUL 15
 - Copy of DD Form 1610 (TDY Soldiers only)
- **Additional Items (Winter Classes)**
- Socks, no logos must be matching, extra pair (black or green military issue)
 - Tan T-shirt, 1 extra (no logos or name)
 - Field jacket / gore-tex jacket with all patches and tapes (no leadership tab)
 - Gloves, black / green leather shell, military issue
 - Glove inserts, military issue, black, green, or brown (no synthetic or polypro)
 - PT cap, foliage green
 - Waterproof bag, military issue (marked with shoe tag with name, phone # and unit)

Day 1-10 (with Day Zero Packing List)

- Assault pack
- IBA / IOTV with name, rank and plates (no side plates, yoke, groin protector, throat protector, or DAPS)
- ACH / Kevlar helmet (no cover)
- Waterproof bag, military issue (marked with shoe tag with name and unit)
- Wet weather top with rank (summer) / field jacket or gore-tex with all patches and tapes (winter)
- ACU top (sterile)
- ACU trousers
- 1 tan T-shirt (no logos or name)
- 1 pair of socks no logos must be matching (black or green military issue)
- Neck gaiter, military issue, black or brown (no hood)
- Ear plugs with case, military issue
- 2 chemlights, Red
- Highlighter
- 1 medium Ziploc bag
- 2 3 x 5 index cards (One used as a Casualty Feeder Card, One for 10 layout; no lines)
- Poncho
- Goggles (clear lenses with retaining strap, form fitting to face)
- Air Assault Handbook (when issued)
- Advance sheets (when issued)
- 1-qt canteen carrier with canteen cup on IBA (guide hand side)
- Flashlight, right angle with red lens (with D-cell batteries only)
- Gloves, black / green leather shell, military issue
- Glove inserts, military issue, black, green, or brown (no synthetic or polypro)
- PT cap, foliage green

Additional Equipment Required

- APFU pants
- APFU jacket
- APFU shorts
- APFU shirt (long sleeve and short sleeve)
- White socks (above the ankle bone, no logos, no tube socks)
- Field jacket liner or heavy weight polypro top (winter)
- Beret (Graduation Day only)
- Cold weather boots (winter)
- Polypro bottoms (winter)

Notes:

**** All Day Zero items listed under Additional Items (Winter Classes) must go in the Waterproof bag with shoe tag attached (marked with name, phone # and unit)**

Service Members not in the U.S. Army should wear authorized uniforms by specific branch of service; duty & physical fitness uniforms.

Winter classes are classes with Day Zero beginning between 1 October thru 31 March.

All equipment must be serviceable.

Dietary supplements are not authorized for use by any student.

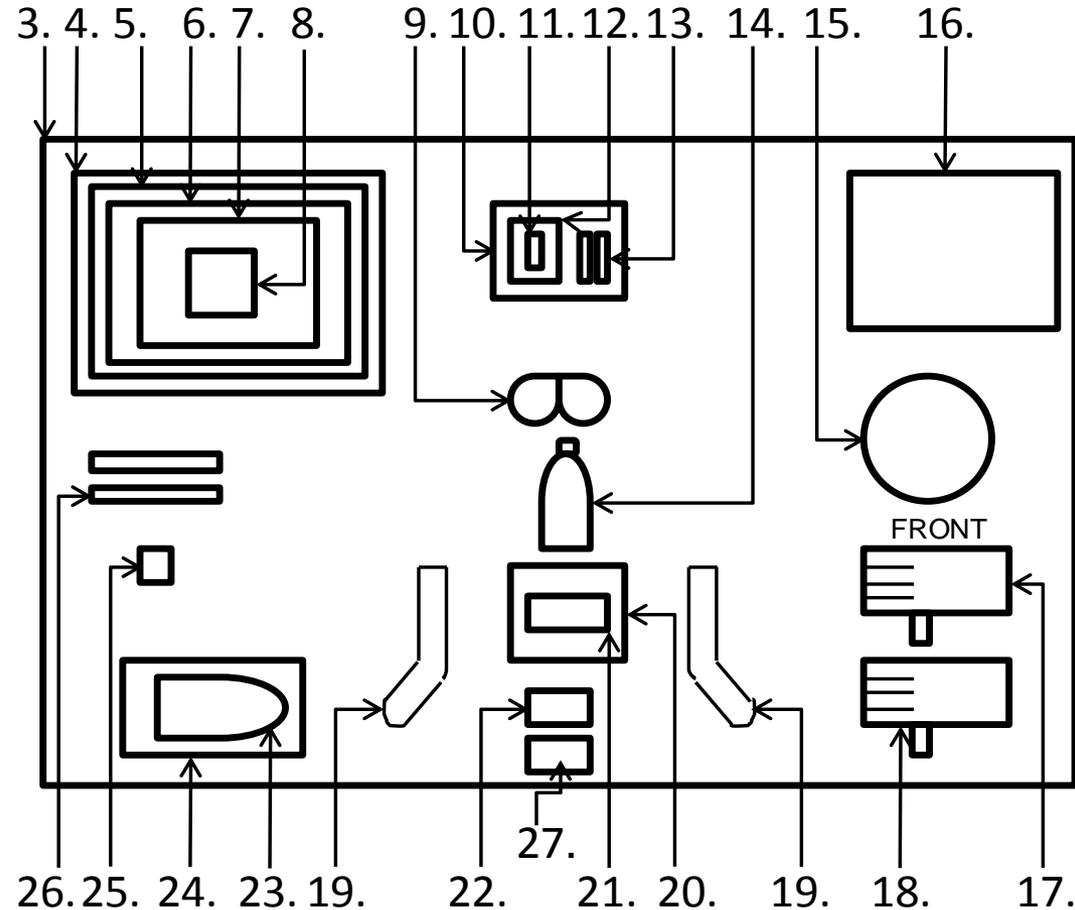
Wear out dates are verified on the Army G1 Website: <http://www.armyg1.army.mil/HR/uniform/>

IBA AND ASSAULT PACK PACKING LIST AND LAYOUT



STUDENT'S FEET

- 1) ASSAULT PACK ON BACK W/ PT BELT PLACED VERTICALLY AROUND ASSAULT PACK (ALL STRAPS FASTNED AND EXCESS SECURED)
- 2) IBA WITH CANTEEN CARRIER, CANTEEN CUP, NAME TAPE, RANK AND PLATES (WORN, NO ADDITIONAL POUCHES)
- 3) PONCHO (FOLDED IN ½ AND THEN ½ AGAIN)
- 4) WET WEATHER TOP (SUMMER)
GORTEX / FIELD JACKET(WINTER)
- 5) ACU BOTTOM
- 6) ACU TOP STERILE (SEW ON MUST HAVE ALL PATCHES AS WORN)
- 7) 1 TAN T-SHIRT (NO LOGOS/UNIT T-SHIRTS)
- 8) PATROL CAP (W/NAME TAPE AND RANK)
- 9) GOGGLES (CLEAR LENSES WITH RETAINING STRAP)
- 10) ZIP-LOCK BAG
- 11) ID CARD (FACING INSTRUCTOR)
- 12) NOTEPAD
- 13) PEN AND HIGHLIGHTER
- 14) 1 QT. CANTEEN (COMPLETELY FULL, ROSTER # FACE UP)
- 15) HELMET (AS WORN, CHIN STRAP SECURED)
- 16) WET WEATHER BAG (FOLDED IN ½ THEN ½ AGAIN)
- 17) BLACK LEATHER WORK GLOVES (THUMBS TOWARDS INSTRUCTOR, PALMS TOGETHER)
- 18) MILITARY ISSUED INSERTS (THUMBS TOWARDS INSTRUCTOR)
- 19) 1 PAIR OF SOCKS, MATCHING BLACK OR GREEN MILITARY ISSUE (HEELS TOWARDS CENTER)
- 20) LAYOUT DIAGRAM SHEET (FACING INSTRUCTOR)
- 21) AASLT HANDBOOK & ADVANCE SHEETS (12M FM LAYOUT)
- 22) 3 X 5 CARD (COMPLETE & ACCURATE INFORMATION)
- 23) PT CAP (FOLIAGE GREEN FLEECE CAP) FOLDED IN ½
- 24) NECK GAITER (FOLDED IN ½)
- 25) EAR PLUGS IN CASE (CASE OPEN)
- 26) 2 RED CHEMLIGHTS (NO BATTERY OPERATED CHEMLIGHTS)
- 27) 3X5 CARD USED AS A CASUALTY FEEDER CARD



ALL UNIFORM ITEMS ARE DISPLAYED AS WORN. BUTTONS, ZIPPERS AND SNAPS COMPLETELY FASTENED.



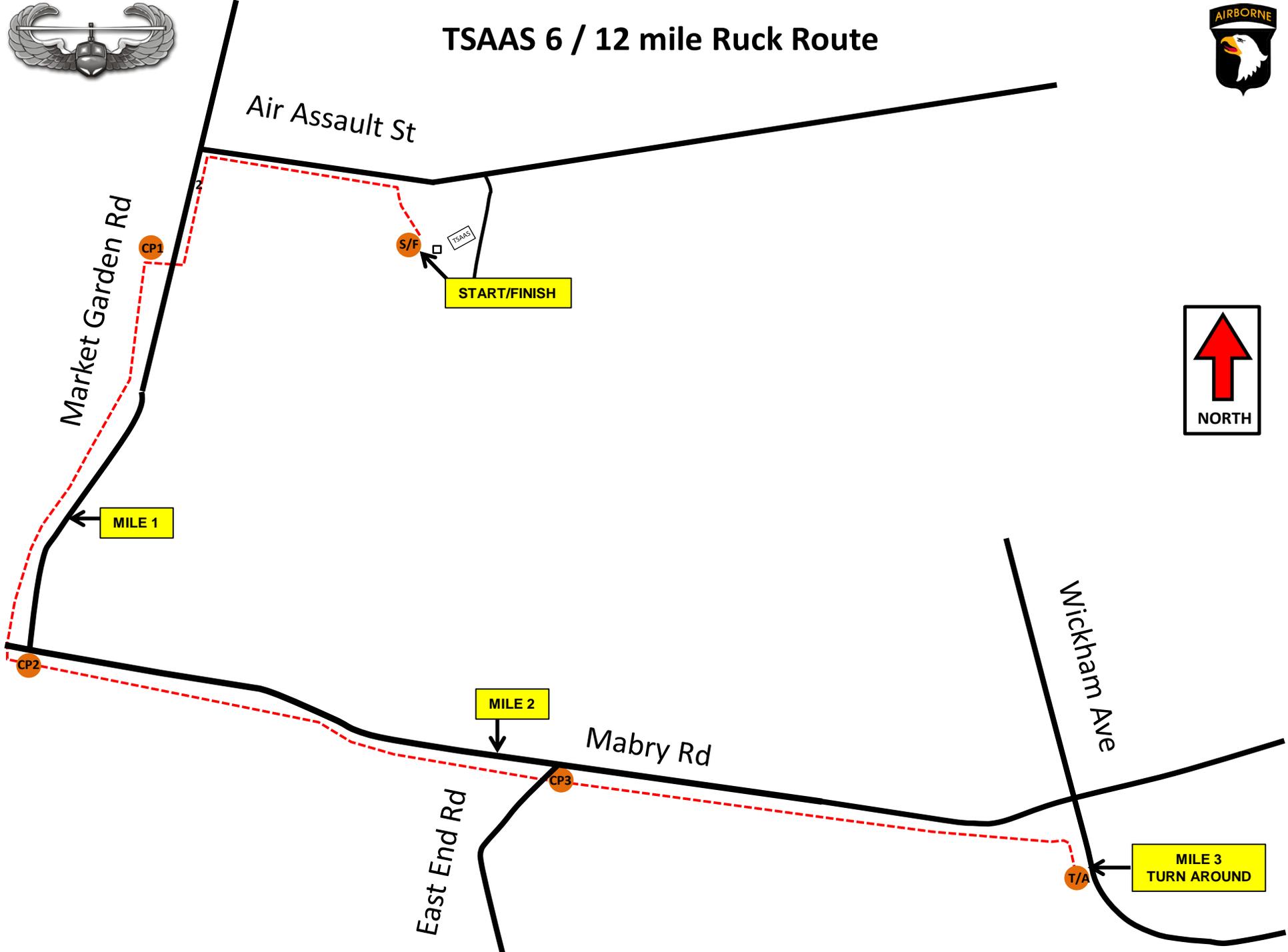
3X5 card with the following information:

ROSTER #	CLASS #
Last, First MI.	
Rank	
Unit	
First Line Supervisor name & contact number	

The 3X5 card will be white in color and the information will be written on the side with no lines (Blank). Information will be written in (Black Marker) for TEAM 1, (Green Marker) for TEAM 2, and (Red Marker) for TEAM 3, (Blue Marker) for TEAM 4.



TSAAS 6 / 12 mile Ruck Route



Air Assault St

Market Garden Rd

Wickham Ave

Mabry Rd

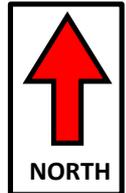
East End Rd

START/FINISH

MILE 1

MILE 2

MILE 3
TURN AROUND



CP1

CP2

CP3

T/A

S/F

TSAAS

0

1

2

3

4

5

6

7

8

9

A

B

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Lyrics “The Army Goes Rolling Along”

**March along...sing our song...with the Army of the free.
Count the brave, count the true, who have fought to victory.
We're the Army and proud of our name!
We're the Army and proudly proclaim:**

**First to fight for the right,
And to build the Nation's might,
And the Army Goes Rolling Along.
Proud of all we have done, fighting till the battle's won,
And the Army Goes Rolling Along.**

**Then it's hi! hi! hey!
The Army's on its way.
Count off the cadence loud and strong;
For where'er we go, you will always know
That the Army Goes Rolling Along.**