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Fort Campbell Community Resource Guide



Published for Fort Campbell Garrison, Blanchfield Army Community Hospital, the 101st Airborne Division Air Assault and Tenant Organizations. Proponent for this document is the Fort Campbell Community Health Promotion Council. Contact information and updates: 270-798-3846 or 270-798-3315 jo.huber@us.army.mil or renee.s.smiddy3.ctr@us.army.mil

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Introduction

Fort Campbell is committed to building a strong and healthy community that supports Military Service Members, Families, DA Civilians and Retirees. The Fort Campbell Community Resource Guide is a reference tool for contacting agencies responsible for providing Families assistance. Off-post agencies are occasionally listed to provide a full range of resources available within the Fort Campbell area. The Fort Campbell community is dedicated to providing resources and support to Soldiers and their Families.

HOW THIS RESOURCE GUIDE IS ORGANIZED

The Community Resource Guide is organized as a reference tool for individuals to contact agencies that offer support in different areas. Please use the table of contents to identify a topic and locate available resources in the community. Each page/section is organized as follows:

- I. Overview of topic listed
- II. Primary staff agencies responsible for assistance in providing services
- III. All services available with brief description, address and phone number

UNDERSTANDING INTERVENTIONS & PREVENTIONS

An intervention is an orchestrated attempt by one, or often, many people (usually Family and friends) to get someone to seek professional help with an addiction or some kind of traumatic event or crisis. The term intervention is most often used when the traumatic event involves addiction to alcohol, drugs, suicidal ideations or other items.

A prevention is a program of activities directed at improving general well-being and often involving specific protection for selected purposes or diseases, such as immunization; while primary prevention is the avoidance of the onset of disease by behavior modification (e.g. limiting alcohol intake) or treatment (e.g. routine childhood immunization).

The Fort Campbell Community has many programs, services and facilities on the installation that can provide *intervention and prevention* measures for Soldiers and Family Members. Other programs can offer *treatment and education services* to Units, individual Soldiers and Family members. This guide will be continually evolving as the Army's Health Promotion, Risk Reduction and Suicide Prevention advance efforts on the installation.

NEWCOMERS ORIENTATION

If you are new to Fort Campbell or you are returning after spending time away from the installation your first stop should be the Newcomers Orientation held every Thursday 9AM – 3PM at the Family Resource Center, 1501 William C. Lee RD (Just inside Gate 1). The newcomers' orientation is designed to welcome and inform newly arrived Soldiers and Family members of the many Family support services available on Fort Campbell and surrounding communities. Soldiers and Families can visit many of the programs during the orientation and lunch is provided. To reserve child care please call 270-798-6313.

SOCIAL MEDIA

Stay connected with the latest news and updates from Fort Campbell.



[Fort Campbell Family Resiliency Team](#): Our Mission is to support, assess and improve Family resiliency both on and off the installation.



[Fort Campbell, Kentucky](#): Welcome to the official Fort Campbell, Kentucky fan page on Facebook, where you will find the most recent news stories, videos, and photos that are distributed by the Public Affairs office.

Alcohol & Substance Abuse

Overview: Alcohol abuse includes drunk and disorderly conduct, driving while intoxicated, possession and consumption by a minor. Substance abuse includes possession, sale, or distribution of illicit substances.

Army Substance Abuse Program (ASAP)

234 Bastogne, Fort Campbell, KY 42223

270-412-0214

<http://www.acsap.army.mil>

Education & Prevention Services: A wide range of prevention/education classes are available for Soldiers. There are also many resources (books, pamphlets, films, audio tapes, etc.) available for check out from the ADAPCP Resource Library. (Request for assessments/treatment of specific individuals should be directed to unit ASAP counselor; call 270-798-7270, for assistance.)

Army Substance Abuse Program (Clinical Program)

2526 22nd St. and Indiana Avenue, Fort Campbell KY 42223

270-412-6883

Monday-Friday 7AM – 4:30PM

<http://www.acsap.army.mil>

Prevention & Intervention Services: The Fort Campbell Army Substance Abuse Program offers substance abuse prevention classes, urinalysis testing, risk reduction consultation for active duty Soldiers, retired military personnel and their Family members. For more information, call 270-412-6883.

Alcoholics Anonymous

6145 Desert Storm AVE, Fort Campbell KY 42223

615-831-1050

Mondays, Wednesday, Fridays 11:45AM – 1PM

<http://www.aanashville.org>; <http://www.aa.org/>

Services: Alcoholics Anonymous is a voluntary, worldwide fellowship of men and women from all walks of life who meet together to attain and maintain sobriety. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership. Weekly meetings are held at the DFMWR REC Center, Mondays, Wednesdays and Fridays at 11:45 a.m.

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Anger Management

Overview: A system of psychological therapeutic techniques and exercises by which someone with excessive or uncontrollable anger can control or reduce the triggers, degrees, and effects of an angered emotional state.

Blanchfield Army Community Hospital

650 Joel Drive; Fort Campbell, KY 42223

Central Hospital Number 270-798-8400

<http://www.campbell.amedd.army.mil/>

Prevention Services for Adults: Adult Behavioral Health; Local Phone Number: 270-798-4097/4269. Located in the BLDG 2516 on 22nd and Indiana, the Adult Behavioral Health provides behavioral health services to active-duty Soldiers and all Family Members on a space available basis. Retirees and their Family Members are eligible for services on a space available basis. Assistance is available for crisis intervention, anger control, stress management, anxiety and depression.

Prevention Services for Children & Teens: Child and Adolescent Psychiatry Service; Location: 2437 21st Street and Indiana Avenue; Phone: 270-798-8437; Child and Adolescent Psychiatry Service provide treatment for the emotional and behavioral problems of Family members ages 3 through age 17. Services include individual, group and Family therapy, as well as school consultation and parent education. Medication management is also provided.

ACS Family Advocacy Program

Family Resource Center; 1501 William C. Lee Rd, Fort Campbell KY 42223

270-412-5500

Monday-Friday 7:30AM – 4:30PM

<http://fortcampbellmwr.com/>

Services for Education and Prevention: Army Community Service FAP provides the following classes and group sessions for Soldiers and Families: Anger Management Group, Stress Management Group, Parenting Classes and transitional compensation for abused Family members.

Installation Chaplain's Office

3101 Indiana Avenue; Fort Campbell, KY 42223

270-798-6124, 24 Hour Care Line 270-798-2273

Monday-Friday 9AM – 5PM

<http://www.campbell.army.mil/campbell/chaplain>

Prevention & Intervention Services: Conflict Resolution and Anger Management Counseling. Also contact your Unit Chaplain for any and all interventions/preventions.

Military Family Life Consultants (MFLC)

Family Resource Center; 1501 William C. Lee Road, Fort Campbell KY 42223

270-205-1917

Monday-Thursday 8AM – 8PM, Friday 8AM – 4PM

Prevention & Intervention Services: MFLCs can give Anger Management Classes or meet with Soldiers and Family members for individual meetings. Unit POC can also contact their embedded MFLC for more information.

Military OneSource Counseling Services

1-800-342-9647

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Prevention and Intervention Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Animals/Boarding

Overview: If you're looking adopt a new family member or need to board your furry loved one for the week, Fort Campbell can help you find exactly what you're looking for.

Fort Campbell Animal Shelter

Bldg 5290 on 8th & Wickham, Fort Campbell KY 42223

270-798-5519

Monday-Friday 10AM – 3PM

<http://www.fortcampbellmwr.com/animalshelter/index.html>

Services: There are so many friendly animals at the Fort Campbell Animal Shelter. Please visit our website to view the available pets. For ID Card Holders the fees associated with adoption are: Female cats and female dogs \$97; male dogs \$92; male cats \$82. For Civilians the cost for both cats and dogs is \$72, which does not include spaying or neutering included in the ID Holders price.

Fort Campbell Dog Kennels

6603 11th Airborne Division, Fort Campbell KY 42223

270-798-2629/2487

Wednesday – Sunday 8AM – 4PM (Dogs must be dropped off by 3PM)

<http://www.fortcampbellmwr.com/Recreation/Kennel/index.html>

Services: Indoor climate controlled kennels accommodate all size dogs. We can take reservations, but no more than two weeks from the date needed. Reservations are not required. Our kennel sizes vary from small, medium and large. Weather and climate permitting dogs are kenneled outside for fresh air and brought indoors to our climate controlled facility in the evening. We suggest that you provide your pet with food for his stay, but for an additional charge we will provide this service. We ask that you do not bring toys or bedding. We do have "doggie cots" available for a cost of \$1 per day or \$5 per week. There are No REFUNDS for early pick up or cancellations.

Fort Campbell Veterinary Services

5289 8th ST (Between Wickham and Stillwell Ave), Fort Campbell KY 42223

270-798-3614/4844

Monday-Wednesday & Friday 8AM – 5PM; Thursday 2PM – 5PM (CLOSED Daily for Lunch 1PM – 2PM)

<http://www.fortcampbellmwr.com/dining/vetservices/index.html>

Services: Animal care services are provided for all active duty, as well as retired services members and their families. A variety of services is authorized and is directed toward preventing, diagnosing and controlling infectious diseases. All services for privately owned animals are provided on an appointment basis.

Fort Campbell Dog Parks

North Dog Park: Morgan RD (Across from LaPointe Village Housing Area), Fort Campbell KY 42223

South Dog Park: Bastogne AVE (Across from Bldg 868), Fort Campbell KY 42223

270-798-4017

<http://www.fortcampbellmwr.com/Recreation/DogPark/index.html>

Services: More and more people are realizing a healthy lifestyle is beneficial for their pets as well as themselves. We applaud owners for wanting a healthier lifestyle for their pets physical and emotionally. Dog parks allow owners to exercise, socialize, and strengthen the bond between owner and dog in a controlled environment. However, it is very important for owners to exercise proper dog park etiquette. Please visit our website to review the Dog Park rules before you visit.

Fort Campbell Riding Stables

6603 11th Airborne Division & 101st Airborne Division RD, Fort Campbell KY 42223

270-798-2629/2487

Wednesday-Sunday 8AM – 4PM (CLOSED Daily 12PM – 12:30PM, CLOSED Fridays 1PM – 2PM)

<http://www.fortcampbellmwr.com/Recreation/Stable/index.html>

Services: We offer (1) hour guided trail rides March through December 4. Riders must be 10 years old and all riders under 18 must be accompanied by an adult or guardian. Please arrive 30-minutes early for the ride. Clothing Requirements: 1) Close Toe Shoes 2) Long Pants 3) Sleeved Shirts (no tank tops, halter tops or spaghetti straps). COST: \$20 per person

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Caregiver Fatigue

Overview: When providers begin to feel overwhelmed with their caseloads, or their connection to their patients they experience burnout or compassion fatigue.

Care Provider Support Program

Building 2516 22nd ST, Fort Campbell, KY 42223

270-956-0765

sherry.fanara@amedd.army.mil

Support Services: There are currently supportive services within BACH to provide stress management, resiliency training, team building and short term individual sessions as needed.

Wounded Warrior Wives (Operation Home Front)

800-722-6098

<http://www.operationhomefront.net>

Support Services: Through on-site support communities, and our virtual community that includes an online discussion forum, Wounded Warrior Wives provides female caregivers with opportunities to build relationships, access resources and enjoy brief moments of rest and respite from their care giving responsibilities.

Caregivers Guide to the Comprehensive Transition Plan (CTP)

Staffed 24 hours a day, 7 days a week

1-800-984-8523

<http://wtc.army.mil/ctpfamilylearningmodule>

Services: The “Comprehensive Transition Plan Learning Module for Families” educates caregivers on the seven-part CTP process for Soldiers, elements of the Soldiers’ individual recovery plan and the role loved ones play throughout the entire process. The learning module can be found on the WTC website at <http://wtc.army.mil/ctpfamilylearningmodule>. In addition to the case-based scenarios on how the CTP’s goal settings could apply to individual, real-life situations, the “CTP Learning Module for Families” includes:

1. Explanations of each of the CTP’s seven stages
2. Details on how loved ones can best support their Soldier during each step
3. Identification and explanation of the medical and non-medical staff involved
4. List of resources and informational videos
5. Definitions of regularly used acronyms and terms

The Army developed a holistic approach to caring for wounded warriors that extends beyond medical care.

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Child Related Issues/ Abuse

Overview: Reporting Abuse: Call the Military Police at 270-798-7111/7112 for on post reporting. If a military service member suspects that someone is abusing or neglecting a child, he/she is required by federal and state laws and DoD policy to report it to the Family Advocacy Program immediately. Suspected child abuse or neglect may also be reported by contacting the appropriate state child abuse hotline.

Child Abuse and Neglect

Fort Campbell Abuse reporting 270-798-8601
Military Police (on-post only) 270-798-7111/7112
Kentucky Abuse Hotline 800-752-6200
Tennessee Abuse Hotline 877-237-0004/0026

Suspected child abuse in a DoD-sponsored out-of-home care facility, including child development centers, Family child care, youth programs or DoDDS/DDESS schools, can be reported to FAP or the DoD Child Abuse Safety and Violation Hotline at 1-800-336-4592

Blanchfield Army Community Hospital

Department of Social Work/Family Advocacy Program (FAP)

Building 2523 22nd ST, Fort Campbell KY 42223

270-798-8601; After Hours Emergency Domestic Abuse Reporting 270-798-8400; Prevention & Education 270-798-4191/2045; Victim Advocacy Services 270-412-5500

<http://www.campbell.amedd.army.mil/socialworkservices.html>

Intervention Services: FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for Families involved with child abuse. Some of the treatment services available include: Anger Management Group, Stress Management Group, Parenting Classes, and Child/Family Counseling.

Intervention Services for Children & Teens: **Child and Adolescent Psychiatry Service;** Location: 2437 21st Street and Indiana Avenue; Point of Contact: 270-798-8437.

ACS Family Advocacy Program

Family Resource Center: 1501 William C. Lee Rd, Fort Campbell KY 42223

270-412-5500

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/fap/index.html>

Services for Education and Prevention: Army Community Service FAP provides the following classes and group sessions for Soldiers and Families: Anger Management Group, Stress Management Group, Parenting Classes and transitional compensation for abused Family members.

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Combat Stress

Overview: The expected and predictable emotional, intellectual, physical, and/or behavioral reactions of Service members who have been exposed to stressful events in war or other military operations.

Chaplain Services Battle-mind Training

270-798-6913/2797

<http://www.campbell.army.mil/campbell/chaplain>

Prevention Services: Battle-mind training is "the Soldier's inner strength to face fear and adversity with courage." Key components include self confidence and mental toughness.

Blanchfield Army Community Hospital

650 Joel Drive; Fort Campbell, KY 42223 Central Hospital Number - 270-798-8400;

<http://www.campbell.amedd.army.mil/>

Intervention Services: Services to help with intervention include Adult Behavioral Health – 270-798-4097/4269, Child, Adolescent Psychiatry Service - 270-798-8437, ASAP -270 412-6883

ACS Master Resiliency Training

270-798-4800

Education Services: Increase resilience and enhance performance by developing the five dimensions of strength such as the physical, emotional, social, spiritual and Family growth. Learn more about the six resilient competencies to include self-awareness, self-regulation, optimism, mental agility, strength of character, and connection. To get started you need to establish an Army Knowledge Online (AKO) account at www.us.army.mil. Then proceed to take the Global Assessment Tool (GAT) at www.army.mil/csf and the VIA Survey of Character Strengths that measures the 24 character strengths at www.authentic happiness.sas.upenn.edu/Default.aspx. After completing, contact Alex Krohn at (270) 798-4800, and register for the Master Resiliency class. This training provides Family Members with the opportunity to receive the Master Resilience Training Course in its entirety. Vouchers for child care are available for Hourly Care to those interested in attending. Please call Hourly Care at (270) 412-4477 to make child care arrangements. For more information about Master Resiliency Training, please call one of the following Master Resilient Trainers: Alex Krohn (270) 798-4800, Juanita Harris (270) 798-0263, Jacqueline Smith (270) 412-6004, or Jayme Stalder (270) 412-0346.

Military Family Life Consultants (MFLC)

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY 42223

270-205-1917

Monday-Thursday 8:00AM – 8:00PM; Friday 8:00AM – 4:00PM

Intervention and Prevention Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

Not Alone

P.O. Box 92371 Nashville, TN 37209

1-888-497-0379

info@notalone.com

<http://notalone.com>

Services: Not Alone is a nonprofit agency helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services

1-800-342-9647

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Prevention and Intervention Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Crisis Management

Overview: Having a major event in your life that you have to handle, contain and resolve in planned coordinated steps. Visit <http://www.campbell.army.mil/services/crisis/Pages/default.aspx> for more information in crisis assistance.

American Red Cross

1760 Madison St. Clarksville TN, 37043

931-645-6401; Emergency After Hours 1-877-272-7337

Monday-Friday 8:00AM – 4:30PM

<http://www.middletennredcross.org>

Support Services: ARC serves as the link between military and civilian worlds. They provide emergency communications between Soldiers and their Families as well as reporting service for emergency leave, personal and other family problems. This is the link to the national Messaging Center to inquire on the status of a Red Cross message. Emergency Leave and Army Emergency Relief are usually unavailable without Red Cross validation.

Fort Campbell Fisher House

652 Joel Drive, Fort Campbell, KY 42223

270-798-8330

Monday-Friday 8:00AM – 4:30PM

<http://www.fortcampbellfisherhouse.org>

Support Services: Offers Soldiers and Families a home to reside in while getting treatment at BACH. Because members of the military and their Families are stationed worldwide and must often travel great distances for specialized medical care, Fisher House™ Foundation donates "comfort homes," built on the grounds of major military and VA medical centers. These homes enable Family members to be close to a loved one at the most stressful time - during the hospitalization for an unexpected illness, disease, or injury.

Emergency Crisis Hotline

Installation Chaplain's Office; 3101 Indiana AVE; Fort Campbell KY 42223

24hr Care Line 270-798-2273

<http://www.campbell.army.mil/campbell/chaplain>

Emergency Support Services: This number should be used for emergency calls only.

Soldier Family Assistance Center (SFAC)

2433 Indiana AVE, Fort Campbell, KY 42223

270-412-6000

Monday-Friday 8AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/sfac/index.html>

Support Services: Provides Wounded Warriors with the support they need to heal and transition back to their unit or civilian life. The SFAC provides Soldiers and their Families with financial services, education counseling, social services, employment assistance, family advocacy, ACS services, military personnel services, VA assistance, chaplain services and referral services.

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Deaths/Grief & Loss

Overview: Losing a loved one is never easy. There are many resources available in the Fort Campbell area to help you through your loss.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Casualty Assistance Center

2578 23rd Street, Fort Campbell, KY 42223

270-798-4727; After-Hours 931-216-3380

Monday-Friday 7:30AM – 4PM

<https://www.hrc.army.mil/site/Active/tagd/CMAOC/CMAOC.htm>

Support Services: To provide compassionate unwavering support to Families of our deceased, wounded, and unaccounted-for Soldiers; while ensuring plans, programs, policies and systems remain updated in order to provide timely and accurate information and set the conditions for success. Additionally, assist active duty Soldiers in the event of loss of spouse or child.

ACS Survivor Outreach Services

2703 Michigan Fort Campbell, KY 42223

270-798-0272

<http://www.fortcampbellmwr.com/acs/sos/index.html>

Support Services: To help survivors of fallen warriors both OCONUS and CONUS. Benefits SOS is to provide enhanced services to these Families. This is a holistic and multi-agency approach to delivering services to Survivors by providing services at the Garrison and communities closest to where Families live.

Chaplain Services Family Life Center

2402 Indiana Avenue, Fort Campbell, KY 42223

270-798-3316

Monday-Friday 9AM – 5PM

www.campbell.army.mil/campbell/chaplain

Intervention & Prevention Services: The team at the Chaplain Family Life Center sees each individual as an individual who is of infinite value and worth. We reach out to assist individuals, couples and families who are going through personal, spiritual, social or emotional problems. Our pastoral therapy staff is clinically trained to provide care for individuals, married couples and families. Our hours of operation are Mon-Fri from 0900-1700. However, we do understand that Army life requires flexibility, so we can also manage some special times according to needs and staff

availability. Child care is available through the Child Care Center. Please call at least two days before your appointment to make arrangements. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Military Family Life Consultants (MFLC)

Family Resource Center: 1501 William C. Lee Road, Fort Campbell, KY 42223
270-205-1917

Monday-Thursday 8AM – 8PM, Friday 8AM – 4PM

Support Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

Blanchfield Army Community Hospital Grieving Parents

650 Joel Drive, Fort Campbell, KY 42223
270-798-8777

<http://www.campbell.amedd.army.mil/>

Support Services: BACH offers a Parents Helping Parents Grieving Parents Support Group for anyone who has lost a child. The Support Group meets on the first Monday of each month from 7 until 9 p.m. in the Hospital Chapel, building “A”, 0 Level. The Grieving Parents Support Group is designed to be a safe place for those who know your special grief.

Not Alone

P.O. Box 92371 Nashville, TN 37209
1-888-497-0379

info@notalone.com

<http://notalone.com>

Support Services: Not Alone is a nonprofit helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services

Phone: 1-800-342-9647

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Prevention and Intervention Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Dental Issues

Overview: Dental issues include, tooth decay, Gum Disease, Root Canal, Mouth injuries, Wisdom Teeth, and teeth cleanings. Soldiers and Family members are encouraged to sign-up for the TriCare Active Duty Family Member Dental Plan which is a voluntary dental plan available to members of all active duty and active guard/reserve personnel.

TRICARE Dental Program

888-622-2256

<http://www.tricare dental program.com>

Services: The TRICARE Dental Program is a voluntary dental plan available to members of all active duty, active guard, reserve personnel and their Families. You can enroll electronically at www.tricare dental program.com or mail in the application, which can be downloaded [here](#).

Fort Campbell Dental Clinics

1. BACH Dental Clinic; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-8240; After-Hours 270-798-8240
2. Dental Activity Headquarters; 2441 21st Street & Kentucky AVE; Fort Campbell, KY; Phone 270-798-8751
3. Epperly Dental Clinic; 3603 Indiana Ave & 49th Street; Fort Campbell, KY; Phone: 270-798-3544/3675
4. LaPointe/Kuhn Dental Clinic; 5979 35th & Desert Storm; Fort Campbell, KY; Phone: 270-956-0350
5. In & Out Processing Center Dental Clinic #4; 2577A Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-3353/3557
6. Taylor Dental Clinic; 5580 Desert Storm & Air Assault; Fort Campbell, KY; Phone: 270-798-6362/5429

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Deployment Readiness

Overview: Deployment services are educational and support programs which assist Soldiers and Family members on how to successfully manage the separation/ reunion cycles associated with military duty.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

ACS Mobilization and Deployment Readiness

1501 William C. Lee Road, Fort Campbell, KY 42223

270-798-3849/412-3195

Monday-Friday 7:30AM – 4PM

<http://www.fortcampbellmwr.com/acs/mob-dep/index.html>

Support Services: Responsible for all phases of deployment and Pre-deployment Cycle Support. Works with all Family Readiness Groups on the installation to ensure they are in a constant state of readiness and in compliance with Regulations. Links Families with their specific unit FRG and assists with referrals. Operation READY workshops are available. Provides CARE Team Training, Spouse Battle-mind Training and implements the Family Assistance Program.

ACS Master Resiliency Training

Education Center: 202 Bastogne AVE, Fort Campbell, KY 42223

270-798-4800

Increase resilience and enhance performance by developing the five dimensions of strength such as the physical, emotional, social, spiritual and Family growth. Learn more about the six resilient competencies to include self-awareness,

self-regulation, optimism, mental agility, strength of character, and connection. To get started you need to establish an Army Knowledge Online (AKO) account at www.us.army.mil. Then proceed to take the Global Assessment Tool (GAT) at www.army.mil/csf and the VIA Survey of Character Strengths that measures the 24 character strengths at www.authentic happiness.sas.upenn.edu/Default.aspx. After completing, contact Alex Krohn at (270) 798-4800, and register for the Master Resiliency class. This training provides Family Members with the opportunity to receive the Master Resilience Training Course in its entirety. Vouchers for child care are available for Hourly Care to those interested in attending. Please call Hourly Care at (270) 412-4477 to make child care arrangements. For more information about Master Resiliency Training, please call one of the following Master Resilient Trainers: Alex Krohn (270) 798-4800, Juanita Harris (270) 798-0263, Jacqueline Smith (270) 412-6004, or Jayme Stalder (270) 412-0346.

Pre-Deployment

Overview: We have compiled some information to help you better prepare for your pending deployment. Being separated from loved ones is never easy, but with simple preparation your deployment can be a more bearable experience. Before your Soldier deploys you should certain documents in order. Please consult the Pre-Deployment Checklist in Appendix 2.

Deployment

Overview: Your Soldier has left and now you have to manage the affairs alone. Being separated from your loved one is never easy, but your state of mind with which you approach the situation will greatly affect the quality of your experience. Negative attitudes will make your life more difficult for yourself and those around you. Try to stay positive and stay busy. The time will pass quickly if you keep yourself occupied and your Soldier will be comforted that you're active, happy and engaged back at the home-front. Find something that you enjoy and set goals for yourself.

- Go back to school. There are many financial scholarships available to military spouses, call Military OneSource for more information at 1-800-342-9647.
- Take up a new hobby. You could take a pottery class, join a softball team, and learn how to quilt or woodwork. The possibilities are endless, but choose something that interests you and set a goal.
- Pursue an aerobic or weight program.
- If you're not already employed you could seek part-time or full-time employment.
- Volunteer. You can contact Fort Campbell's Volunteer Coordinator at 270-956-2934.
- Send creative bi-weekly care packages. This will not only boost your Soldier's spirits, but is an engaging activity for the entire Family to enjoy.

If you start feeling increasingly blue, you should pay more attention to your surroundings and your behaviors. Are you:

- Sleeping in late? Try staying with the same schedule you maintained pre-deployment.
- Gaining weight?
- Yelling at the kids?
- Dropping out of organizations or activities?
- Withdrawing from people?
- Constantly watching TV?
- Increase drinking or drinking alone?

If you feel yourself becoming depressed, know that there are people to help. Take positive actions and know that you are not alone. When your spouse is away you need to feel that you are moving forward in life. Frustration can build when spouses are immobile waiting for their loved one to return.

Military Family Life Consultants (MFLC)

Family Resource Center: 1501 William C. Lee Road, Fort Campbell, KY 42223

270-205-1917

Monday-Thursday 8AM – 8PM, Friday 8:00AM – 4:00PM

Intervention and Prevention Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc.

MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

Chaplain Services Family Life Center

2402 Indiana Avenue, Fort Campbell, KY 42223

270-798-3316

Monday-Friday 9AM – 5PM

www.campbell.army.mil/campbell/chaplain

Intervention & Prevention Services: The team at the Chaplain Family Life Center sees each individual as an individual who is of infinite value and worth. We reach out to assist individuals, couples and families who are going through personal, spiritual, social or emotional problems. Our pastoral therapy staff is clinically trained to provide care for individuals, married couples and families. Our hours of operation are Mon-Fri from 0900-1700. However, we do understand that Army life requires flexibility, so we can also manage some special times according to needs and staff availability. Child care is available through the Child Care Center. Please call at least two days before your appointment to make arrangements. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Not Alone

P.O. Box 92371 Nashville, TN 37209

1-888-497-0379

info@notalone.com

<http://notalone.com>

Support Services: Not Alone is a nonprofit helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services

1-800-342-9647

<http://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Prevention and Intervention Services: Military OneSource offers three kinds of short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

ACS Volunteer Corps

5661 Screaming Eagle Blvd, Fort Campbell, KY 42223

270-956-2934 or 270-412-6771

<http://www.fortcampbellmwr.com>

Support Services: Volunteers are offered the opportunities to be a part of a team working to improve the quality of life and the well-being of Soldiers and Families of the Fort Campbell Community and a chance to learn valuable employment skills. Limited childcare is available.

ACS Family Employment Readiness Program

5661 Screaming Eagle Blvd, Fort Campbell, KY 42223

270-798-4289/4412

Monday-Wednesday, Friday 8AM – 4PM, Thursday 12:30PM – 3:30PM

<http://www.fortcampbellmwr.com/acs/ferp/index.html>

Support Services: The FERP and Spouse Employment Partnership (ASEP). The FERP provides information and services in the areas of career planning and job search through workshops, seminars, Army Spouse Career Assessment Toll and one-on-one counseling. ASEP between the Army and Corporate partners provide opportunities in training and employment for Spouses.

Post-Deployment

Overview: Your Soldier has returned! The first few weeks will probably be wonderful and exciting for the entire Family, but the rush of excitement will eventually fade. When life returns to “normal” again, you and your Soldier will have a chance to find a new daily rhythm. Where do you start? Your Soldier may struggle reinserting themselves in the Family when you’ve been managing the household independently. Reunions can be stressful on the entire Family. Stress is normal, but don’t let it become unmanageable. There are many resources that will help you manage stress, and if handled correctly your stress can be channeled into a source of energy and purpose.

Every Family is different, but there are some common tools you can utilize to help you in your transition.

1. **Communication.** A lot has changed over the past year. Each person in the Family needs to make a conscience effort to be open and honest about their feelings. Avoid playing the “I had it worst” game and really focus on what each Family member has to say. Communicating openly isn’t easy for most people, but it’s extremely important that everyone in the Family take time to listen and respond to each Family member’s concerns.
2. **Team Work.** You have been managing the household affairs while your Soldier was deployed, but now is the time to focus on doing things together. Your Soldier may want to take charge and start managing affairs from the beginning, or they may be avoidant and not want to manage any duties. You and your spouse will have to find balance and take things slow. Make your Soldier feel included, but don’t bog them down with honey-do lists. Try to focus on the fact that you can do things together now and don’t keep score on who does what.
3. **Stay Positive.** If you and your spouse are disagreeing on how to manage affairs, remember to stay positive. Keep criticism to a minimum and if you do criticize make it constructive. The Family may be under a lot of stress, so try to keep things in perspective. If you don’t like the way something is managed try to remember that the circumstance isn’t ideal and it will take time to adjust.

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Chaplain Services Family Life Center

2402 Indiana Avenue, Fort Campbell, KY 42223

270-798-3316

Monday-Friday 9:00AM – 5:00PM

www.campbell.army.mil/campbell/chaplain

Intervention & Prevention Services: The team at the Chaplain Family Life Center sees each individual as an individual who is of infinite value and worth. We reach out to assist individuals, couples and families who are going through personal, spiritual, social or emotional problems. Our pastoral therapy staff is clinically trained to provide care for individuals, married couples and families. Our hours of operation are Mon-Fri from 0900-1700. However, we do understand that Army life requires flexibility, so we can also manage some special times according to needs and staff availability. Child care is available through the Child Care Center. Please call at least two days before your appointment to make arrangements. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Military OneSource Counseling Services

1-800-342-9647

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Prevention and Intervention Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Depression

Overview: Depression is a mental state characterized by a pessimistic sense of inadequacy and a despondent lack of activity. Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Army Community Hospital

650 Joel Drive; Fort Campbell, KY 42223

270-798-8400

Monday-Friday 7:30AM – 4:00PM

<http://www.campbell.amedd.army.mil/>

Intervention Services: Services to help with intervention include Adult Behavioral Health - (270) 798-4097/4269, Child, Adolescent Psychiatry Service – 270-798-8437, ASAP – 270- 412-6883

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270-205-1917

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P.O. Box 92371 Nashville, TN 37209

1-888-497-0379

info@notalone.com

<http://notalone.com>

Support Services: Not Alone is a nonprofit helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services

1-800-342-9647

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Prevention and Intervention Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Domestic Violence

Overview: Substantiated cases of spouse abuse where the perpetrator is assigned to a unit/violence between couples.
Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Family Advocacy Program

Community Mental Health Services

2523 22nd Street, Fort Campbell, KY 42223

270-798-8601; After hours 270-798-8400; Victim Advocacy Services 270-412-5500; Emergencies: 911

<http://www.campbell.amedd.army.mil/socialworkservices.html>

Primary Care Treatment & Support Services: FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for couples involved in family violence. Some of the treatment services available include: Anger Management Group, Stress Management Group, Marital Therapy, Active Duty Support Groups, Women's Support Groups, and Crèche "Cradle" AMAC Support Group (for women molested as a child).

ACS Family Advocacy Program

Family Resource Center; 1501 William C. Lee Road, Fort Campbell KY 42223

270-412-5500

<http://www.fortcampbellmwr.com/acs/fap/index.html>

Education and Prevention Services: FAP provides the following classes and group sessions for Families: Anger Management Group, Stress Management Group, Women's Support Groups, Couples Communication, Spouse Abuse Prevention Conflict Resolution, Victim Advocacy and transition compensation for abuse Family members.

ACS Victim Advocacy Program

1501 William C. Lee Road, Fort Campbell, KY 42223

270-956-3737/412-5500

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/vap/index.html>

Support Services: A victim advocate is available to offer support and information to victims of domestic violence and sexual assault regarding their safety and resources in the community. VA coordinators are available 24/7 and can provide assistance in emergency services, shelters, relocation, information on Protection orders, advocating for clients w/agencies on and off post, help in locating financial resources, communication w/command, information on reporting options, referrals for therapy and support groups, and follow-up services.

ACS Sexual Assault Prevention and Response Program

1501 William C. Lee Road, Fort Campbell, KY 42223

270-412-5500

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/sarp/index.html>

Support Services: This program is designed to assist victims of sexual violence and to provide support and information to victims regarding their safety resources available in the community. Services are available whether a victim decides to report the incident to law enforcement or not. SARP provides 24/7 advocacy services in the full scope of Victim Advocacy.

Urban Ministries United Methodist

217 Madison Street, Clarksville TN

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Employment/Volunteer Services

Overview: The frustration of not being able to find a job specifically for spouses can cause Families financial difficulties and hardship.

Military Spouse Employment Partnership

1-800-342-9647

<http://www.msepjobs.com>

Support Services: The Military Spouse Employment Partnership is designed to help military spouses access career resources and connect with potential employers who are ready to help spouses explore career options for their unique lifestyle. Please visit www.msepjobs.com to fill out a profile and begin searching for jobs in your area.

ACS Family Employment Readiness Program

5661 Screaming Eagle Blvd, Fort Campbell, KY 42223

270-798-4289/4412

Monday, Tuesday, Wednesday, Friday 8:00AM – 4:00PM; Thursday 12:30PM – 3:30PM

<http://www.fortcampbellmwr.com/acs/ferp/index.html>

Support Services: The FERP and Spouse Employment Partnership (ASEP). The FERP provides information and services in the areas of career planning and job search through workshops, seminars, Army Spouse Career Assessment Toll and one-on-one counseling. ASEP between the Army and Corporate partners provide opportunities in training and employment for Spouses.

ACS Job Information Center

5661 Screaming Eagle Blvd, Fort Campbell, KY 42223

270-798-4412, NAF Job Hotline 270-798-3894

Monday, Wednesday, Friday 8AM – 4PM; Thursday 12:30PM – 4PM

<http://www.fortcampbellmwr.com/acs/ferp/index.html>

Support Services: JIC provides employment and assistance for Appropriated Fund (AF) (Civil Services) and Non-appropriated Fund (NAF) in an automated listing of vacancy announcement on the NAF Job Hotline.

ACS Volunteer Program

5661 Screaming Eagle Blvd, Fort Campbell, KY 42223

270-956-2934 or 270-412-6771

Hours Vary, please call in advance.

<http://www.fortcampbellmwr.com/acs/avc/index.html>

Support Services: Volunteers are offered the opportunities to be a part of a team working to improve the quality of life and the well-being of Soldiers and Families of the Fort Campbell Community and a chance to learn valuable employment skills. Limited childcare is available.

Employee Assistance Program

234 Bastogne Ave, Fort Campbell KY 42223

270-798-4411

Monday-Friday 8:30AM – 3PM

<http://www.facebook.com/FCEAP>

Support Services: Employee Assistance Program is a job based program designed to help employees, and their Family members whenever feasible, with problems that may affect their well-being and their ability to do their jobs.

Equal Employment Opportunity

234 Oklahoma Avenue, Fort Campbell KY 42223

270-798-3765

Monday-Friday 7:30AM – 4PM

Support Services: Provides support and sustains a comprehensive effort to ensure fair treatment of all Family members based on merit, fitness, capability and potential which supports and enhances readiness.

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Family Issues

Overview: Military Families face unique challenges and issues. If not properly handled, issues can lead to conflict, such as illness, disability, addiction, job loss, relocation, school difficulties and marital problems.

Child, Youth and School Services

5668 Wickham Avenue; Fort Campbell, KY 42223

270-798-0674

Admin: Monday-Friday 8AM – 5PM; Parent Central Service Registration Monday-Thursday 8AM – 7PM, Friday 8AM – 5PM

<http://www.fortcampbellmwr.com/CYS/index.htm>

Services: Offers assistance to Families in locating childcare for their specific needs for both traditional and non-traditional childcare and maintains several facilities on the installation for childcare purposes. Registration and enrollment of children in all CYSS programs is done at the Parent Central Services office.

Armed Services YMCA Family Center

3068 Reed Street & 5660 Screaming Eagle Blvd (*Backdoor Boutique*), Fort Campbell, KY 42223

270-798-7422

Monday-Friday 8:30AM – 4PM

<http://www.asymca.org/about/asymca-branches/fort-campbell-ky/>

Services: Operation Hero is an after school tutoring/mentoring program conducted at Fort Campbell Schools. Other programs include Tumble Tots, ABC & 123's Program, Lunch N Play, Discover Art, Little Amigos Spanish classes, & Krafty Kids arts program.

ACS New Parent Support Program

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY 42223

270-956-3850

<http://www.fortcampbellmwr.com/acs/npsp/index.html>

Services: Provides supportive and caring services to military Families with children birth up to three years of age. Through a variety of voluntary programs, including home visits, classes and groups the new parent support program helps

Families cope with stress, isolation, post deployment reunions and everyday demand of parenthood. Specific services are home visits; Parents of Multiples support group, First time Expectant Parent Workshop & Play Mornings.

Taylor Youth Services & Youth Sports

80 Texas Avenue, Fort Campbell, KY 42223

270-798-3643

Monday-Friday 8AM – 7PM

<http://www.fortcampbellmwr.com/CYS/YouthSports/index.html>

Services: Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities.

Blanchfield Marriage & Family Therapists

2523 22nd Street, Fort Campbell, KY 42223

270-798-8601

<http://www.campbell.amedd.army.mil/socialworkservices.html>

Intervention Services: The Marriage and Family Therapists are specially trained counselors in relationship issues of couples and Family problems. Call for an appointment. Scope of services includes individual, couples, Family, and group counseling.

Chaplain Services Family Life Center

2402 Indiana Avenue, Fort Campbell, KY 42223

270-798-3316

Monday-Friday 9AM – 5PM

www.campbell.army.mil/campbell/chaplain

Intervention & Prevention Services: The team at the Chaplain Family Life Center sees each individual as an individual who is of infinite value and worth. We reach out to assist individuals, couples and families who are going through personal, spiritual, social or emotional problems. Our pastoral therapy staff is clinically trained to provide care for individuals, married couples and families. Our hours of operation are Mon-Fri from 0900-1700. However, we do understand that Army life requires flexibility, so we can also manage some special times according to needs and staff availability. Child care is available through the Child Care Center. Please call at least two days before your appointment to make arrangements. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Military Family Life Consultants (MFLC)

Family Resource Center: 1501 William C. Lee Road, Fort Campbell, KY 42223

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Monday-Thursday 8:00AM – 8:00PM, Friday 8:00AM – 4:00PM

Support Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

ACS Soldier Family Assistance Center (SFAC)

2433 Indiana, Fort Campbell, KY

270-412-6000;

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/sfac/index.html>

Support Services: Provides Soldiers assigned to the Warrior in Transition Unit who are ill, injured or wounded with the support they need to heal and transition back to their unit or civilian life. The SFAC provides WTs and their Families with financial services, education counseling, social services, employment assistance, family advocacy, ACS services, military personnel services, VA assistance, chaplain services and referral services. Childcare is provided on site.

ACS Army Family Team Building Program

1501 William C. Lee Road, Fort Campbell, KY

270-798-4800

Monday-Friday 7:30AM – 4PM

<http://www.fortcampbellmwr.com/acs/aftb/index.html>

Support & Education Services: AFTB offers personal and professional development classes free of charge to any person associated with the military. Soldiers E5 and below can earn up to 4 promotion points for taking 40 hours of training through AFTB. Classes offered monthly and Unit briefs and classes for FRGs are available upon request.

ACS Army Family Action Plan (AFAP)

1501 William C. Lee Road, Fort Campbell, KY

270-798-2063

Monday-Friday 7:30AM – 4PM

<http://www.fortcampbellmwr.com/acs/afap>

Services: The Army Family Action Plan (AFAP) is designed to improve the quality of life for the total Army Family. AFAP facilitates change to enhance the total Army experience. The program encourages issues and concerns that affect the total Army quality of life to be heard by our leadership. The AFAP forums and annual conference are held to review and address local concerns and larger Army issues. The annual conference is held in the fall. Issues not resolved at the installation level are then forwarded to Forces Command and the Department of Army for resolution. Soldiers, Family members, retirees and civilians are all welcome to participate. Volunteers are always needed. For more information, contact the AFAP Program Manager.

ACS Family Resource Center (FRC)

1501 William C. Lee Road, Fort Campbell, KY

270-956-2935; Family Assistance Call Line: 866-252-9391

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/frc/index.html>

Support Services: The Family Assistance Call Line provides Family related information to ensure Family members are informed during major deployments. The FRC is a one stop shop for all Family Readiness Groups (FRG) and their Family members. The FRC provides computers internet services, copy machines, video conference rooms and meeting rooms to hold a variety of FRG functions. The FRC is home to Army Community Services Family Programs.

ACS Relocation Readiness Program

5661 Screaming Eagle Blvd, Fort Campbell, KY

270-956-2676/6313/0513

Monday-Wednesday-Friday 8AM – 4PM; Thursday 9:30AM – 4PM

<http://www.fortcampbellmwr.com/acs/relocation/index.html>

Support Services: “Plan my move” is an automated information system designed to provide relocation information for all military installations within CONUS and OCONUS. Other programs include Newcomers Orientation; Eagle Family Welcome; Smooth Move Briefings; Resources Center; Individual Relocation Counseling; Waiting Families Support; International Spouses support; Citizenship Classes; English as a Second Language classes; and Sponsorship Training.

ACS Information & Referral

5661 Screaming Eagle BLVD, Fort Campbell, KY

270-798-9322

Monday-Friday 7:30AM – 4:30PM

Support Services: One-stop information center on programs and services located in the Fort Campbell, Clarksville/Hopkinsville, Oak Grove and Cadiz communities.

Blanchfield Educational and Developmental Intervention Services

2439 21st Street, Fort Campbell, KY 42223

270-798-8997

Monday-Friday 7:30AM – 4PM

<http://www.campbell.amedd.army.mil/bachclinics2.html>

Services for Education, and Intervention: Educational and Developmental Intervention Services (EDIS) is a community based program which provides developmental support to children from birth to 36 months. EDIS screens children for developmental concerns and provides services to eligible children who reside on Fort Campbell. The EDIS team includes several providers including speech - language pathologist, early childhood intervention specialist, an occupational therapist and a physical therapist. EDIS is here to help your child and family with any developmental concerns you may have. Give us a call today.

Tennessee Early Intervention System (TEIS)

1232 Foster Avenue (Davis 1), Nashville, TN 37243

615-532-7237

<http://www.tn.gov/education/teis/>

Services: Tennessee's Early Intervention System is a voluntary educational program for families with children ages birth through two years of age with disabilities or developmental delays. The primary goal of EI is to support families in promoting their child's optimal development and to facilitate the child's participation in family and community activities. The focus of EI is to encourage the active participation of families in the intervention by imbedding strategies into family routines. It is the parents who provide the real early intervention by creatively adapting their child care methods to facilitate the development of their child, while balancing the needs of the rest of the family.

Kentucky First Steps

Available in all Kentucky counties

877-417-8377

<http://chfs.ky.gov/dph/firstSteps/default.htm>

Services: First Steps is a statewide early intervention system that provides services to children with developmental disabilities from birth to age 3 and their families. First Steps is Kentucky's response to the federal Infant-Toddler Program. First Steps offers comprehensive services through a variety of community agencies and service disciplines and is administered by the Department for Public Health in the Cabinet for Health and Family Services.

Military OneSource Counseling Services

1-800-342-9647

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Prevention and Intervention Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management

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Finances

Overview: A risk factor related to the family's inability to provide sufficient financial resources to meet minimum needs; <http://www.campbell.army.mil/services/crisis/Pages/FinancialIssues.aspx>

My Army Benefits

888-721-2769

<https://myarmybenefits.us.army.mil>

Support Services: My Army Benefits provides over 150 fact sheets for benefit eligibility. Calculate your deployment pay; forecast your retirement benefits; research education options and much more. If you require further assistance, speak with a benefits expert between 9AM – 5PM EST Monday-Friday.

ACS Army Emergency Relief (AER)

5662 Screaming Eagle Blvd. Fort Campbell, KY 42223

270-798-5518

Monday-Friday 8AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/frp/index.html>

Support Services: Financial Assistance for Active Duty, Family members and retirees. Assistance will be provided as a non interest bearing loan, a grant or a combination of both. Types of emergencies covered include non-receipt of or loss of funds; medical, dental and hospital expenses; funeral expenses for immediate Family members; travel expenses related to emergencies; rent, food, utilities, vehicle insurance and unexpected vehicle repair.

ACS Financial Planning Office

5662 Screaming Eagle Blvd. Fort Campbell, KY 42223

270-798-5518

Monday-Friday 8AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/frp/index.html>

Support Services: Provides classes and briefings on a variety of financial subjects and individual financial counseling.

ACS Consumer Affairs Office

5662 Screaming Eagle Blvd. Fort Campbell, KY 42223

270-798-5518

Monday-Friday 8AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/cao/index.html>

Support Services: CAO provides one-stop services for prevention assistance such as pre-purchase advise on large purchases and vehicles, reviews contracts and leases, acts as a Consumer Advocate, educates consumers on rights and obligations, how to buy a house, and educational classes on consumer issues.

ACS Lending Closet

5661 Screaming Eagle Blvd, Fort Campbell, KY

270-798-6313/0513/956-2676

Monday-Friday 8AM – 4PM

<http://www.fortcampbellmwr.com/acs/relocation/index.html>

Support Services: Items such as pots and pans, dishes, irons, car seats, baby cribs, sleeping mats, high chairs, tables and chairs, and electric appliances are available for temporary loan for 30 days. Services are provided for transitioning active duty and Family members but need a copy of PCS orders and military ID.

Military Family Life Consultants (MFLC)

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY 42223

270-205-1917

Monday-Thursday 8AM – 8PM, Friday 8AM – 4PM

Support Services: Financial MFLCs on the installation are available to give individual financial counseling and provide financial/budgeting classes to Soldiers at the request of the Unit.

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Food Stamps/Food Assistance

Overview: Support services for those in need of food stamps/food assistance

Department of Community Based Services/Food Stamps Kentucky

644 North Drive, Hopkinsville KY

270-889-6512

Monday-Friday 8AM – 4:30PM

Department of Human Services/Food Stamps Tennessee

350 Pageant Lane Clarksville TN

931-648-5500 or 1-866-311-4287

Monday-Friday 8AM – 4:30PM

Salvation Army Corps Shelter

304 E 7th Street, Hopkinsville, KY

270-885-9633/6006

Hours 24/7

Salvation Army Corps Community Center

210 Kraft Street, Clarksville, TN

931-552-5350/553-8494

Monday-Friday 6AM – 6:00PM

Southside Church of Christ

529 Country Club Lane, Hopkinsville, KY

270-885-8392

Monday-Friday 8AM – 4:30PM

Grace Assistance

217 Madison Street, Clarksville TN
931-648-9093

First Assembly of God

1186 Ft. Campbell Blvd; Clarksville TN
931-648-1324
Every Wednesday and Friday 10AM-12PM

Community Action Agency

350 Pageant Lane, Clarksville TN
931-648-5774
Monday-Friday 8AM – 4:00PM

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Housing

On-Post Housing

Overview: The Military Personnel Occupancy Agreement (MPOA) and the Resident Guide outlines the responsibilities for qualified Military Families to reside at Campbell Crossing. There are situations as outlined in the Resident Guide which describes specific requirements/living expectations for each Resident. If the living standards are not being met Residents can receive varying notifications, dependant on offense. These are listed as either **Minor Violations** or **Major Violations**. Minor Violations may be in the form of verbal warnings, courtesy letters, Letter of Warning, and after repeated offenses can be grounds for a 30 day notice to vacate (non-renewal of lease). Major Violations are more serious in nature and the Soldiers Chain of Command is notified of the offense. One Major Violation could result in a 30 day notice to vacate. <http://www.campbell.army.mil/campbell/directorates/DPW/FCHS/Pages/FCHS.aspx>

Fort Campbell Crossing Welcome Center

850 Georgia Ave & 16th Street, Fort Campbell, KY 42223
931-431-9003

Services: Campbell Crossing has a responsibility for not only the Resident living in the home, but also to all the Residents in the Community. We work hard to ensure the neighborhoods are a pleasant experience for all to enjoy. Whenever a 30 day notice to vacate occurs every opportunity is given for the Soldier and Family to change and continue living in housing, and thus, with a plan, the 30 day notice can be rescinded. It is a joint effort between the Family, the Soldiers Unit, and Campbell Crossing to ensure the living standards are maintained and that everyone has the opportunity to live and raise their family in an environment conducive to healthy living.

Army Lodging; Richardson Army Lodging (TDY Lodging)

1581 Spillway Court, Fort Campbell KY 42223
931-431-4496

Turner Army Lodging

82 Texas Avenue, Fort Campbell KY 42223
270-439-2229

www.fortcampbellmwr.com/lodging

Support Services: Turner Army Lodging provides room accommodations. First priority occupancy is for incoming/outgoing PCS, TDY personnel and dependent Family members. E-4 and below with PCS orders without dependents must stay at 20th Replacements. Lodging is operational 24 hours a day, 7 days a week. Pets are not allowed except in designated pet rooms.

Single Soldier Housing

First Sergeant's Barracks Program (FSBP) Initiative
6923 Desert Storm & 38th Street, Fort Campbell KY 42223
931-431-2330

Monday-Friday 7:30AM – 4PM

Support Services: Only single Soldiers E1-5 without dependents are authorized barracks space on Fort Campbell. Most barracks spaces will house 2 Soldiers and usually no choice is given. The rooms are furnished. Soldiers geographically separated from their Families are not authorized to live in the FSBP. Single Soldiers E-6 and above without dependents are required to live off-post.

Off-Post Housing (Landlord /Tenant Disputes, Lease Issues, Inspections)

Fort Campbell Housing Services Office (HSO)

850 Georgia Avenue, Ft. Campbell, KY
270-798-3808

Monday-Friday 7:30AM – 4PM

Support Services: The HSO provides a full spectrum of housing services for those Soldiers and Family Members who reside in the local off base housing communities. Whether the Soldier need assistance in locating suitable and adequate housing or assistance with resolving landlord issues, the HSO offers a staff of highly trained and experienced inspectors and counselors to assist. The HSO provides computerized short and long term rental listings, assist with move in and move out inspections upon request, tenant/landlord dispute mediation assistance, Landlord partnerships through the Rental Partnership Program, as well as transportation services for home-finding purposes.

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Isolation/Loneliness

Overview: Soldiers and Family members can experience loneliness or isolation for many reasons as many life events are associated with it. The lack of friendships, the physical absence of meaningful relationships, divorce or marriage, loss of a significant person, the birth of a child, or any socially disruptive event can lead to loneliness and/or isolation. The risks could lead to depression, alcohol or chemical abuse, or even suicide. Known support groups are also included as part of the resources available to help combat loneliness.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Army Community Hospital

650 Joel Drive, Fort Campbell, KY 42223
Central Hospital number 270-798-8400; Adult Behavioral Health 270-798-4269
<http://www.campbell.amedd.army.mil/>

Intervention Services: This department includes Adult Behavioral Health, Child and Adolescent Psychiatry Service, Community Counseling Center, and Division Mental Health Service.

Chaplain Services Family Life Center

2402 Indiana Avenue, Fort Campbell, KY 42223

270-798-3316

Monday-Friday 9AM – 5PM

www.campbell.army.mil/campbell/chaplain

Intervention & Prevention Services: The team at the Chaplain Family Life Center sees each individual as an individual who is of infinite value and worth. We reach out to assist individuals, couples and families who are going through personal, spiritual, social or emotional problems. Our pastoral therapy staff is clinically trained to provide care for individuals, married couples and families. Our hours of operation are Mon-Fri from 0900-1700. However, we do understand that Army life requires flexibility, so we can also manage some special times according to needs and staff availability. Child care is available through the Child Care Center. Please call at least two days before your appointment to make arrangements. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Military Family Life Consultants (MFLC)

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY 42223

270-205-1917

Monday-Thursday 8:00AM – 8:00PM; Friday 8:00AM – 4:00PM

Intervention and Prevention Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

Better Opportunities for Single Soldiers (BOSS)

DW Recreation Center; 6145 at 38th and Desert Storm Avenue, Fort Campbell, KY 42223

270-798-7858/7391

Monday-Friday 11:30AM – 10PM; Saturday-Sunday 1PM – 10PM

Support Services: Home to the BOSS Program, DW Recreation is a home away from home for Soldiers with indoor recreational activities, music rooms, game room, auditorium, and TV areas. The BOSS Program supports the overall quality of a single soldier's life according to DA Circular 608-01-1 and also includes the unaccompanied soldier. BOSS provides leisure and recreation; community service opportunities; and single soldier well being; and encourages and assists soldiers in identifying and planning recreational and leisure activities.

ACS Outreach Program

5661 Screaming Eagle Blvd, Fort Campbell, KY

270-798-0609/0263

Monday, Tuesday, Wednesday and Friday 7:30AM – 4:30PM; Thursday 9:30AM – 4:30PM

<http://www.fortcampbellmwr.com/>

Support Services: ACS Outreach Program is an essential link between military and civilian agencies that connects Soldier and Family members to occurring events, ACS programs, support groups, and information and referral services throughout the communities. Information on such support groups includes Families in Waiting; International Spouses; Gold Star Wives Support Groups.

Not Alone

P.O. Box 92371 Nashville, TN 37209

1-888-497-0379

info@notalone.com

<http://notalone.com>

Services: Not Alone is a nonprofit agency helping military families with the psychological trauma of war. For combat veterans and their families (including spouses, children, parents, siblings, and significant others), Not Alone provides anonymous and free face to face counseling. Because they are not affiliated with the military, nothing that is said in counseling gets reported to the military. In addition to counseling, Not Alone has online support groups for both spouses and parents, in person support groups for spouses in the Downtown Clarksville area, and staffs a 24/7 crisis hotline (866-781-8010). Their website is full of information about combat stress and various treatments available. To use any of Not Alone's services, visit www.notalone.com or email Jenny at jenny@notalone.com for more information.

Military OneSource Counseling Services

Phone: 1-800-342-9647

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Prevention and Intervention Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Legal

Overview: Provide legal assistance to Soldiers and their Families in areas of: Personal Civil Disputes, Real Property Issues, Contracts Purchase/Sale of Home, Leases Advice on Mortgage Foreclosure, Auto Warranties, Lemon Law, Insurance, Bankruptcy, Adoption, Adult Name Change, Garnishment Orders, Involuntary Allotments, Dependent Support Insurance Claims, Child Custody, and Advise on Separation/Divorce (we will not draw up the paperwork for a divorce or legal separation). **Limitations on Services:** the office does not provide assistance in the following areas: Military Justice Matters, Private Business Activities of the Client, Litigation/Claims for or against the U.S., Employment Matters, Providing an agency position on any standard of conduct issue.

Office of the Staff Judge Advocate

Building 125 Forrest Road, Fort Campbell, KY 42223 (Across from Starbucks at Gate 5)

270-798-0918

Monday-Wednesday 9AM – 4:30PM; Thursday 1PM – 4:30PM; Friday 9AM – 3PM

<http://www.campbell.army.mil/campbell/SJA/Pages/Legal.aspx>

Services: Notary services, powers of attorney, and immigration services are seen on a walk-in basis. Emergencies will be seen at the discretion of the Chief, Legal Assistance. Maintaining your privacy is our first priority! When you make an appointment, you will be asked about the general nature of your legal issue. If you are uncomfortable doing so, or if you need to describe your situation in greater detail, please ask to see an attorney. When you come to your appointment, please bring any documentation you may have pertaining to your case.

Medical Evaluation Board Counsel

Building 125 Forrest Road, Fort Campbell, KY 42223 (Across from Starbucks at Gate 5)

270-412-3272

Monday, Tuesday, Wednesday, Friday 9AM – 4:30PM; Thursday 1PM – 4:30PM

<http://www.campbell.army.mil/campbell/SJA/Pages/MEB.aspx>

Services: Providing specialized legal services for wounded, ill and injured Warriors. We provide assistance to any Soldier going through the medical evaluation process, to include those assigned to the Warrior Transition Battalion (WTB), Division units, tenant units, Reserve, National Guard, those on the temporary disability retired list (TDRL), and other branches of the Armed Forces. We advocate for the Soldier from the beginning of medical processing through the informal phases of the Physical Evaluation Board (PEB). We also provide limited Legal Assistance services to our clients.

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Medical Services

Overview: Includes all injuries that require medical attention and result in one or more duty days lost. Also includes Health Services Resources that are available. <http://www.campbell.amedd.army.mil/>. TRICARE Information is available at <http://www.tricare.mil/>.

Blanchfield Army Community Hospital

650 Joel Drive; Fort Campbell, KY 42223

270-798-8400/8388/8410; Appointments: 931-431-4677; TRICARE 877-874-2273 Info Services; Admissions & Dispositions 270-798-8287/8289

<http://www.campbell.amedd.army.mil/>

Primary Intervention/Prevention/Education Support Services: A state of the art medical facility providing full services in Healthcare and Well-being. Departments/Clinics are listed with phone numbers:

1. Allergy-Immunology Services: 270-798-8255
2. Asthma Education Center: 270-956-0141
3. Braces Shop: 270-798-8101
4. Dermatology Services: 270-798-8345
5. ENT Clinic – Otolaryngology Services: 270-798-8131
6. Emergency Center: 270-798-8000
7. Environmental Health Services: 270-798-8695/8719
8. Gastroenterology: 270-956-0259
9. General Surgery: 270-798-8407
10. Head & Neck Surgery Services, ENT: 270-798-8131
11. Immunization Clinic: 270-798-8400 ext 5388
12. Industrial Hygiene Section: 6903 Desert Storm Ave; Fort Campbell, KY 270-798-8693/8695
13. Infection Prevention & Control Program: 270-798-8309 pager 270-870-0111
14. Labor, Delivery & Recovery: 270-798-8219
15. Laboratory/Department of Pathology: 270-798-8114
16. Lactation Services: 270-956-0210
17. Medical Records Section: 270-798-8290
18. Medical Evaluation Board: 270-798-8265
19. Mother and Baby Unit: 270-798-8090
20. Neurology: 270-798-8880
21. OB/GYN Clinic: 270-798-8151
22. Occupational Health Clinic: 270-956-0202
23. Occupational Therapy: 270-798-8085

24. Ophthalmology Clinic: 270-798-8900
25. Oral/Maxillofacial Surgery: 270-798-8240
26. Orthopedic Clinic: 270-798-8426/8375
27. Patient Representative/Advocacy: 270-8091/8718
28. Patient Tracking & Sir Evacuations: 270-956-0328
29. Pharmacy: 270-798-8075/8076
30. Physical Medicine & Rehabilitation (Pain) Clinic; 270-798-8166
31. Self Care Classes: 270-956-0100
32. Town Center Pharmacy: 270-956-0191
33. Podiatry Clinic: Appt Line 270-798-8375/8426/8325/Surgery Scheduling 270-798-8621
34. Primary Clinics: Blue/Gold/Young Eagle Clinics--270-798-4677/431-4677
35. Radiology: 270-798-8333
36. Respiratory Protect Program: 270-956-0110/0113
37. Same Day Surgery: 270-798-8143
38. School/Sports Physicals: 270-798-4677/431-4677
39. Travel Medicine Clinic: 270-956-0202
40. Tuberculosis Screening Clinic: 2506 24th Avenue and Indiana; 270-956-0100
41. Urology Clinic: 270-798-8403
42. Warfighter Refractive Eye Surgery Center: 270-956-0775
43. Warrior Care Clinic; Carentan Clinic: 270-798-8586/956-0774

Soldier Health Services Headquarters

LaPointe Health Clinic, Bldg 5979, Desert Storm Avenue, Fort Campbell, KY 42223
270-412-8700

Monday-Friday 6:30AM – 3:30PM (Active Duty).

Appointments can be made by calling their unit's clinic listed below.

A Shau Valley Clinic

270-412-3535/3541

Monday-Friday 6:30AM – 3:30PM

Services: Provides primary care services to active-duty Soldiers of 2nd and 3rd BCTs.

Bastogne Clinic

270-412-0091/0092

Monday-Friday 6:30AM – 3:30PM

Services: Provides primary care services to active-duty Soldiers of 1BCT and 4BCT.

Carentan Clinic

5977 Desert Storm Ave, Fort Campbell, KY 42223

270-412-3745

Monday-Friday 6:30AM – 3:30PM

Services: Provides primary care services to active-duty Soldiers of 101 Sustainment Brigade, HHB, 101st (Div), NCOA, Garrison units, 86 CSH, Military Police Battalions, EOD, 20th Replacement, Warrior Transition Battalion Cadre, 102nd Quartermaster, 326 ENG Brigade, 106th Transportation, 101st Finance, Recruiting Units (all branches of service), and National Guard and Army Reserve Soldiers.

Aviation Health Clinic

7149 Blacksheep Run, Fort Campbell, KY 42223

270-412-8688; Physical Appointments Line: 270-412-8387

Monday-Friday 6:30AM – 3:30PM

Services: Provides primary care services to active-duty Soldiers of the 101st CAB, 159th CAB, 19th ASOS and civilian ATC.

Audiology Clinic

270-956-0305

Monday-Friday 6:30AM – 3:30PM

Services: LaPointe Audiology Clinic is collocated with the Hearing Conservation clinic and provides care for active-duty Soldiers and civilian employees enrolled in the hearing conservation program. Appointments in this clinic are by referral only from LaPointe Hearing Conservation Clinic. Patients should always bring medical records to Audiology appointments. Scope of services: Comprehensive hearing evaluations, hearing aid fittings, hearing aid repair, ear mold fabrication for custom fit hearing protection devices, and health education.

Hearing Conservation Clinic

270-956-0305

Walk-In Hours: Monday-Friday 6:30AM – 8:45AM; SRP Walk-In Hours: Monday-Friday 10AM – 10:30AM

Services: LaPointe Hearing Conservation Clinic provides care for active-duty Soldiers and civilian employees enrolled in the Hearing Conservation Program. Medical records are preferred, but are not mandatory. Unit hearing readiness testing must be scheduled in advance by the unit ESO, hearing conservation representative or other unit representative. Hearing readiness tests are not provided on a walk-in basis due to the high volume required. Scope of services: Walk-in hearing screening exams for physicals, SRP requirements, hearing protection device fitting, hearing conservation classes, and health education.

Chiropractic Clinic

Location: LaPointe Health Clinic

270- 956-0250

Monday-Friday 6:30AM – 3:30PM, by appointment only

Services: Provides chiropractic care services to active-duty Soldiers only. Patients must contact the Chiropractic Clinic appointment desk for either initial or follow-up appointments. Initial appointment requires a specialty consult from a referring provider. Chiropractic care consists of conservative non-pharmacological, non-surgical management and treatment of neuromusculoskeletal conditions by manual techniques to the osseous and related soft tissues (neuromusculo-skeletal). Treatment additionally may consist of physiologic therapeutics, structural supports, corrective devices, advice on exercise, preventive care, nutritional support and home care for patient wellness.

Laboratory

270-956-0309

Monday-Friday 6:30AM – 3:15PM

Services: There are a few tests that require preparation before you are seen for your blood work, such as fasting 12-15 hours before glucose or cholesterol test. Your provider will explain exactly what is needed at the time the tests are ordered. All results will be released to the healthcare provider who ordered the tests. You may contact your clinic or your provider to receive your results.

Optometry Clinic

270- 956-0304

Monday-Friday 6:30AM – 11:30AM and 12:30PM – 3:30PM

Services: LaPointe's Optometry Clinic provides care for active-duty Soldiers. Call 270-956-0304 for an appointment or for walk-in care for acute eye injuries, eye infections, eye problems of sudden onset, filling out the eye portion of

physicals and driver's license forms. Patients should always bring their medical records and all glasses to each and every visit to the eye clinic. Contact lenses should not be worn for at least two hours prior to any full eye exam. Active duty who wear glasses are required to have two pair of clear glasses and one pair of inserts in good condition at all times. One of the pairs of glasses can be civilian glasses. Scope of services: Eye exams for glasses, evaluation and treatment of eye injuries and infections, the eye portion of physicals, filling out of driver's license forms, and ordering of military glasses and inserts. Visual fields, ocular photos, and corneal topography are available but only with an optometrist's approval. Industrial safety glasses can be ordered with appropriate funding documents. Walk-in ordering of glasses/inserts is available for any duty week day except Thursdays from 0900-1100 and 1300-1500. Medical records are required. Any glasses prescription less than two years old that still provides good vision can be duplicated.

Nutrition Clinic

Location: LaPointe Health Clinic

270-412-9109

Monday-Friday 7AM – 3:30PM

Services: Provides primary care services to active-duty Soldiers only. Nutrition counseling and classes for weight loss and weight gain, high cholesterol, high blood pressure, sports nutrition, eating disorders, and other nutrition-related illnesses. All soldiers with Diabetes must be seen at the BACH Nutrition Clinic. Active Duty Weight Control Classes are offered two or more times per month.

Pharmacy

270-956-0313

Monday-Friday 7AM – 6:30PM

Services: The Pharmacy provides pharmaceutical care to active-duty Soldiers. Any formulary medication not stocked at the LaPointe Pharmacy can still be obtained at BACH Pharmacy. Refilled medications should be called-in by dialing 798-3784 and picked-up at the Town Hall Pharmacy located at the PXtra Mall across from the Post Office on Michigan Ave. Curtailed pharmacy service occurs during DONSAS. BACH Pharmacy is still available for pharmaceutical care if needed.

Physical Examination/Central Medical Processing Station

270-956-0307/270-798-8704

Monday-Friday 6:30AM – 3:30PM; CMPS Clearing Hours: Monday-Friday 9AM – 11:15AM and 12:30PM – 3PM

Services: Readiness Immunizations Walk-In Hours: Monday-Friday, 0900-1115 and 1230-1500 (Readiness shots only); Physical Exam/CMPS will be closed from 1430-1530 on the first Monday of every month for clinic meeting.

Physical Exams' section provides: Over-40, Separation, Chapters, Expiration Term of Service, Retirement, Airborne, Ranger, Special Forces, Commissioning, DODMERB, Drill Sergeant, VA Retirement and ETS, General Officer and Green to Gold Physicals for active duty military. Call for clarification and appointment types and times. ETS Physicals must be completed no earlier than four months and no later than one month prior to ETS date. For all VA Physicals coordinate scheduling through the VA Representatives at the ACS Building at 270-798-0267/0269. The new annual Physical Health Assessment, replacing the old periodic exams, is scheduled in your primary care clinics. Involuntary Separations (Chapters) now only require a Separation Health Assessment except for Chapters 13, 14-12 and 15 which still require full exams. All soldiers out processing need to come in at least three days prior to their final out date to allow for PPD placement and PPD reads.

Physical Therapy

270-956-0306

Monday, Tuesday, Wednesday, Friday 6:30AM – 11:30AM and 12:30PM – 3:30PM; Thursday 6:30AM – 11:30AM

Services: Physical Therapy focuses on treating patients who have musculoskeletal pain, injuries and/or diseases. After receiving a referral from a healthcare physician or PS, call or walk-in to the clinic to schedule an appointment. The clinic offers two self or healthcare provider referral education classes for patients with non-traumatic/chronic back or knee pain.

Back Class and Knee Class, call (270) 956-0306 or (270) 798-8102 to schedule an appointment. The Physical Therapy staff educates and promotes health, fitness and injury prevention among interested portions of the population. Unit level classes offered include: Running Shoe Selection, Injury Prevention/Control, and Alternative Physical Training “Strengthening the Core.” Unit representatives should call (270) 956-0306 or (270) 798-8102 to schedule.

Primary Care Clinics

Gold Clinic

BACH “C” Building, 3rd floor
270-898-8227

Monday-Friday 7:30AM – 4:30PM Closed every first and third Wednesday from 7:30AM – 8:30AM

Services for Treatment: Internal medicine based clinic that provides care to those over 18 years of age enrolled in TRICARE Prime. Services include diagnosis and management of acute and chronic illnesses, cardiology, diabetes, hematology, infectious diseases, hypertension, and management of Coumadin patients.

Blue Clinic

BACH “C” Building, 2nd floor
270-798-8706

Monday-Friday 7:30AM – 4:30PM Closed every first and third Tuesday from 7:30AM – 8:30AM

Services for Treatment, Prevention, and Intervention: Family practice based clinic which provides care to Active-duty Soldiers, Retirees, and Family members enrolled in TRICARE Prime. Medical care for all ages includes health maintenance, prenatal care, postpartum care, diagnosis and management of acute and chronic illnesses.

Young Eagle Clinic

BACH “C” Building, 2nd floor
270-798-8258

Monday-Friday 7:30AM – 6:30PM Closed every second and fourth Thursday from 7:30AM – 8:30AM

Services for Treatment, Prevention, and Intervention: Pediatric clinic that provides the full spectrum of pediatric care to Family members of Active-duty Soldiers and Retirees that are 17 years of age and younger. Primary out-patient care includes well-baby exams, school and sports physicals, diagnosis and management of acute and chronic illnesses and developmental or behavioral problems.

Radiology

270-956-0308

Monday-Friday 6:30AM – 3:30PM

Services: LaPointe Radiology services active-duty patients for radiographs. The following procedures: Fluoroscopy, CT, MRI, and Ultrasound can be scheduled by having the patient come to the Radiology Section at LaPointe Health Clinic.

Reception and Medical Records

270- 956-0318

Monday-Friday 6:30AM – 3:30PM; In/Out-Processing: 9AM – 11:15AM and 12:30PM – 3PM (orders, clearing papers)

Tobacco Cessation Program

2506 24th and Indiana Avenue 2nd floor
270-956-0100

Monday-Friday 7:30AM – 4:30PM

Intervention, Treatment, Education, and Support Services: Individuals receive individuals and group education, strategies to work through the quit process such as goal setting, behavior modification, social support networking and the use of free on-line resources.

Police/Fire Department

Overview: Contact your local police department for non-fatal accidents, local disturbances and any other non-emergency event. For emergencies call 911 immediately.

Installation Provost Marshal Office U.S. Army MP

123 Forrest Road, Fort Campbell, KY 42223
270-798-7113

<http://www.campbell.army.mil/campbell/directorates/ES/Police>

Services: The Fort Campbell's Office of the Provost Marshal provides 24-hour law enforcement, force protection, and community assistance to Commanders, Soldiers, Family members, Civilians and guests of Fort Campbell. The Provost Marshal Office maintains liaison with federal, state and local law enforcement agencies and supports installation contingency operations. To submit anonymous crime tips to the MP Station text TIP329 with your crime description (e.g. John Doe stole TV from 123 Main ST) to 274637. You can also submit crime tips via your computer. 1) Go to www.militarycrimetips.com 2) Select "Fort Campbell Army Installation-Kentucky" 3) Provide as much information you have and select *submit tip*.

Clarksville Police Department: Administrative Division

135 Commerce Street, Clarksville, TN 37040
931-648-0656

<http://www.clarksvillepd.org>

Montgomery County Sheriff's Department: Administrative Division

120 Commerce Street, Clarksville, TN 37040
931-648-0611

<http://www.mcgtm.org/sheriff>

Oak Grove Police Department: Administrative Office

8505 Pembroke-Oak Grove Road, Oak Grove, KY
270-439-4602

Hopkinsville Police Department: Administrative Office

112 West First Street, Hopkinsville, KY 42240
270-890-1500

<http://www.hopkinsvilleky.us/police>

Christian County Sheriff's Department: Administrative Office

216 West 7th Street, Hopkinsville, KY 42240
270-887-4143

Fire Investigations, Fire & Emergency Services

1747 Kentucky AVE, Fort Campbell KY 42223
270-798-7171

Services: Every fire on Fort Campbell needs to be reported IAW CAM REG 420-24. Fires discovered after the fact can be reported to Fire & Emergency Services to have an investigator follow up. Fire & Emergency Services also provides

Juvenile Fire-setter Intervention. If you may have a problem with a juvenile fire-setter you can call and make an appointment with one of interventionist.

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PTSD/TBI

Overview: Post traumatic stress disorder (PTSD) is a mental disorder that can develop following the experience or witnessing of life-threatening events such as combat. The onset of PTSD in Soldiers is expectable during times of conflict, although the majority of combat veterans don't develop it. Mild Traumatic Brain Injuries (TBI) are the same as a concussions. The Warrior Resiliency and Recovery Center tests Soldiers who have been referred to the TBI clinic to help diagnose and treat mild TBI. Whether in combat or a non-combat environment—seeking prompt medical care for a brain injury is an act of strength and courage and key to recovery. The majority of personnel who sustain a concussion can expect a full recovery with no lasting mental or physical effects.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Adult Behavioral Health Center

650 Joel Drive; Fort Campbell, KY

270-798-4097/4269

<http://www.campbell.amedd.army.mil/>

Primary Care Services: Located in “C” Building of Blanchfield Army Community Hospital, ABH provides comprehensive mental health treatment including medication and therapeutic intervention.

Traumatic Brain Injury Clinic

TBI Clinic Bldg. 2543 23rd and Indiana AVE, Fort Campbell, KY 42223

270-412-5114/6115

Monday-Wednesday, Friday 7:30AM – 4:30PM (by appointment only)

<http://www.campbell.amedd.army.mil/>

Treatment Services: The Warrior Resiliency Recovery Center and Traumatic Brain Injury Clinic provides intensive TBI therapy, and it is important for patients to attend all appointments for the best results. Providers see patients on a referral basis only.

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Relationships

Overview: Conflicts are a part of life. Many issues can lead to conflict, such as illness, disability, addiction, job loss, relocation, school difficulties and marital problems.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Marriage & Family Therapists

Blanchfield Army Community Hospital; 2523 22nd Street, Fort Campbell, KY 42223

270-798-8601

<http://www.campbell.amedd.army.mil/socialworkservices.html>

Intervention Services: The Marriage and Family Therapists are specially trained counselors in relationship issues of couples and Family problems. Call for an appointment. Scope of services includes individual, couples, Family, and group counseling.

Chaplain Services Family Life Center

2402 Indiana Avenue, Fort Campbell, KY 42223

270-798-3316

Monday-Friday 9AM – 5PM

www.campbell.army.mil/campbell/chaplain

Intervention & Prevention Services: The team at the Chaplain Family Life Center sees each individual as an individual who is of infinite value and worth. We reach out to assist individuals, couples and families who are going through personal, spiritual, social or emotional problems. Our pastoral therapy staff is clinically trained to provide care for individuals, married couples and families. Our hours of operation are Mon-Fri from 0900-1700. However, we do understand that Army life requires flexibility, so we can also manage some special times according to needs and staff availability. Child care is available through the Child Care Center. Please call at least two days before your appointment to make arrangements. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Military Family Life Consultants (MFLC)

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY 42223

270-205-1917

Monday-Thursday 8:00AM – 8:00PM; Friday 8:00AM – 4:00PM

Intervention and Prevention Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MLFCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

ACS Army Family Action Plan (AFAP)

Family Resource Center; 1501 William C. Lee Road; Fort Campbell, KY 42223

270-798-2063

Monday-Friday 7:30AM – 4PM

<http://www.fortcampbellmwr.com/acs/afap>

Services: The Army Family Action Plan (AFAP) is designed to improve the quality of life for the total Army Family. AFAP facilitates change to enhance the total Army experience. The program encourages issues and concerns that affect the total Army quality of life to be heard by our leadership. The AFAP forums and annual conference are held to review and address local concerns and larger Army issues. The annual conference is held in the fall. Issues not resolved at the installation level are then forwarded to Forces Command and the Department of Army for resolution. Soldiers, Family members, retirees and civilians are all welcome to participate. Volunteers are always needed. For more information, contact the AFAP Program Manager.

ACS Family Resource Center (FRC)

1501 William C. Lee Road, Fort Campbell, KY 42223

270-956-2935, Family Assistance Call Line: 866-252-9391

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/frc/index.html>

Support Services: The Family Assistance Call Line provides Family related information to ensure Family members are informed during major deployments. The FRC is a one stop shop for all Family Readiness Groups (FRG) and their Family members. The FRC provides computers internet services, copy machines, video conference rooms and meeting rooms to hold a variety of FRG functions. The FRC is home to Army Community Services Family Programs.

ACS Relocation Readiness Program

5661 Screaming Eagle Blvd, Fort Campbell, KY 42223

270-956-2676/6313/0513

Monday-Wednesday, Friday 8AM – 4PM, Thursday 9:30AM – 4PM

<http://www.fortcampbellmwr.com/acs/relocation/index.html>

Support Services: “Plan my move” is an automated information system designed to provide relocation information for all military installations within CONUS and OCONUS. Other programs include Newcomers Orientation; Eagle Family Welcome; Smooth Move Briefings; Resources Center; Individual Relocation Counseling; Waiting Families Support; International Spouses support; Citizenship Classes; English as a Second Language classes; and Sponsorship Training.

ACS Information & Referral

5661 Screaming Eagle BLVD, Fort Campbell, KY 42223

270-798-9322

Monday-Friday 7:30AM – 4:30PM

Support Services: One-stop information center on programs and services located in the Fort Campbell, Clarksville/Hopkinsville, Oak Grove and Cadiz communities.

Military OneSource Counseling Services

1-800-342-9647

<https://www.militaryonesource.com/MOS/About/CounselingServices.aspx>

Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Schools

Overview: Area Schools for Youths and Adults both on and off post.

Fort Campbell School Liaison

5668 Screaming Eagle Blvd, Fort Campbell, KY 42223

270-798-9874/931-216-7990

Monday-Friday 8AM – 5PM

<http://www.facebook.com/home.php#!/pages/Fort-Campbell-School-Support-Services/293299870231>

Services: Assists parents with information and advocates on behalf of the student both on and off post schools. Provides support related to various issues for grades K-12. College scholarship opportunities, along with home school information, area private schools, and overall support.

Fort Campbell DDESS (on-post) Central Office & Superintendent

77 Texas Avenue, Fort Campbell, KY 42223

270-439-1927

www.am.dodea.edu/campbell

Services: Fort Campbell Schools serve students residing on post. Schools include 1 high school, 2 middle schools, and 5 elementary schools located directly on Fort Campbell. Pre-school programs are voluntary and available in each elementary schools and kindergarten is a full day program.

Clarksville-Montgomery County Schools

621 Gracey Avenue, Clarksville, TN 37040

931-648-5600

www.emcss.net.

Services: The Clarksville Montgomery County School System consists of 21 elementary schools, 8 middle schools and 8 high schools for students residing in Clarksville, TN. Kindergarten is a full day program.

Christian County Public School System

200 Glass Avenue, Hopkinsville, KY 42241

270-887-1300/Information Call Center 270-887-7000

www.christian.k12.ky.us.

Services: The Christian County Public School System consists of 16 schools and four alternative learning centers in Christian County/Hopkinsville, KY.

SSG Glenn H. English JR Army Education Center (AEC)

202 Bastogne Avenue, Fort Campbell, KY 42223

270-798-3201

<http://www.campbell.army.mil/services/Education/Pages/Education.aspx>

Support Services: The mission of the AEC is to provide education counseling services to Soldiers in a variety of programs such as counseling, testing, and professional development opportunities such as college and university courses/degree programs. On-duty performance enhancement programs, such as computer classes and Basic Skills Education Program are also available. Some programs are available for Spouses. Phone numbers for each department are listed below:

1. Counseling Services – 270-798-5886/6978
2. Testing Services – 270-798-3402
3. National Testing Center – 270-707-3970
4. Learning Resource Center: 270-798-2918
5. Basic Skills Education Program: 270-798-1612
6. College Programs: Austin Peay State University: 931-221-1400; Embry Riddle Aeronautical University 270-798-2775; Hopkinsville Community College 270-707-3950; Murray State University 270-798-266
7. Financial Aid Information & Grants and Scholarship Programs: 931-221-7481

Military Child Education Coalition

ptop.campbell@militarychild.org

<http://www.militarychild.org>; <http://www.schoolquest.org>

Support Services: To ensure inclusive, quality educational experiences for all military children affected by mobility, family separation, and transition. The Military Child Education Coalition will: Provide responsive and relevant support systems, resources, and products. Expand the MCEC's outreach through engagement, advocacy, and partnerships. Execute a strategic communications plan. Build a strong, sustainable, and financially sound organization.

Sexual Assault/Rape

Overview: Sexual assault takes many forms including attacks such as rape or attempted rape, as well as any unwanted sexual contact or threats. Usually a sexual assault occurs when someone touches any part of another person's body in a sexual way, even through clothes, without that person's consent. Some types of sexual acts which fall under the category of sexual assault include forced sexual intercourse (rape), sodomy (oral or anal sexual acts), child molestation, incest, fondling and attempted rape. Sexual assault in any form is often a devastating crime. Assaultants can be strangers, acquaintances, friends, or family members. Assaultants commit sexual assault by way of violence, threats, coercion, manipulation, pressure or tricks.

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Installation Provost Marshal Office U.S. Army MP

Building 123 Forrest Road, Fort Campbell, KY 42223

270-798-7113/6774

Services: Reporting any and all suspected Sexual Assault/Rape violations.

Blanchfield Army Community Hospital Rape Crisis Counseling

650 Joel Drive; Fort Campbell, KY 42223

Rape & Sexual Abuse Center 931-647-3632; Crisis Hotline: 1-800-879-1999; After Hours 270-798-8400

<http://www.campbell.amedd.army.mil/>

Intervention & Treatment Services: BACH Emergency Center: BACH "B" Building 2nd Floor; 24 hours a day, 7 days per week The EC is a state of the art facility designed and staffed to provide emergency care in times of crisis. Services include but not limited to mass casualty, trauma, critical care and suicide ideations/gestures/attempts.

ACS Victim Advocacy Program

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY

270-956-3737/412-5500

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/>

Support Services: A victim advocate is available to offer support and information to victims of domestic violence and sexual assault regarding their safety and resources in the community. VA coordinators are available 24/7 and can provide assistance in emergency services, shelters, relocation, information on Protection orders, advocating for clients w/agencies on and off post, help in locating financial resources, communication w/command, information on reporting options, referrals for therapy and support groups, and follow-up services.

ACS Sexual Assault Prevention and Response Program

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY 42223

270-412-5500; After Hours 270-498-4319

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/>

Prevention & Intervention Services: This program is designed to assist victims of sexual violence and to provide support and information to victims regarding their safety resources available in the community. Services are available whether a victim decides to report the incident to law enforcement or not. SARP provides 24/7 advocacy services in the full scope of Victim Advocacy.

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE

<http://www.rainn.org/>

Support Services: RAINN operates the National Sexual Assault Hotline providing free, confidential advice 24/7. RAINN also operates an Online Hotline, providing live, secure help to victims; please visit <https://ohl.rainn.org/online/> for more information.

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Sexually Transmitted Diseases (STDs)

Overview: Sexually Transmitted Diseases reported by personnel including Gonorrhea, venereal warts, syphilis, herpes, Chlamydia, etc. HIV is not included in this definition.

Preventive Medicine Services

2506 24th and Indiana Avenue, Fort Campbell, KY 42223

270-956-0114

<http://www.campbell.amedd.army.mil/>

Primary Prevention and Education Services: Offers a variety of public health related services to include civilian Employee Health Clinic, environmental Health Section, Industrial Hygiene Section, Infection Control Program, Occupational Health Clinic, Public Health Nursing, and Respiratory Protection Program, Tobacco Use cessation Program, Travel Medicine Clinic, and Tuberculosis Screening Clinic.

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Social/Recreation Resources

Overview: Social is the method of living together or enjoying life in communities or organized groups while recreation is the refreshment in body or mind, as after work, by some form of play, amusement, or relaxation

Support Groups: <http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Better Opportunities for Single Soldiers

Dale Wayrynen Recreation Center; 6145 at 38th and Desert Storm Avenue, Fort Campbell, KY 42223

270-798-7858/7391

Monday-Friday 11:30AM – 10AM, Saturday-Sunday 1PM – 10PM

Support Services: Home to the BOSS Program, DW Recreation is a home away from home for Soldiers with indoor recreational activities, music rooms, game room, auditorium, and TV areas. The BOSS Program supports the overall quality of a single soldier's life according to DA Circular 608-01-1 and also includes the unaccompanied soldier. BOSS provides leisure and recreation; community service opportunities; and single soldier well being; and encourages and assists soldiers in identifying and planning recreational and leisure activities.

Family Resource Center (FRC)

1501 William C. Lee Road, Fort Campbell, KY 42223

270-956-2935; Family Assistance Call Line 866-252-9391

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/>

Support Services: The FRC is a one stop shop for all Family Readiness Groups (FRG) and their Family members. The FRC provides computers internet services, copy machines, and meeting rooms to hold a variety of FRG functions. The FRC is home to Army Community Services Family Programs.

Fort Campbell Outdoor Recreation

6645 101st Airborne Division Road, Fort Campbell, KY 42223

270-798-2175

<http://www.fortcampbellmwr.com/>

Support Services: Outdoor Recreation on post offers a wide variety of activities including Hunting and Fishing Programs; Adventure Programs; Archery and Skeet Ranges; Paintball; Camping; and Riding Stables. These activities are available to ID Card members individually or group rates are available. Also includes Swimming pools both indoor and outdoor; Golf Course; Bowling; Gear to Go outdoor equipment rentals.

MWR Special Events

5663 Screaming Eagle Blvd; Fort Campbell, KY 42223

270-798-7535

<http://www.fortcampbellmwr.com/>

Support Services: Fort Campbell MWR plays host to several social events throughout the year, such as the Independence Day Celebration; Concerts; Family Fun Day Activities and a host of seasonal fairs all year long.

MWR Sports and Fitness

5666 Wickham Ave; Fort Campbell, KY 42223

270-956-1006

<http://www.fortcampbellmwr.com/>

Services: The Sports and Fitness office operates and maintains over 18 recreational facilities here at Fort Campbell including 6 physical fitness centers, numerous athletic fields and complexes, 5+ parks, Fryar Stadium, and the Wilson Theater. In addition to the operation of these facilities, the Sports Office also coordinates intramural athletics, Sporting Events, and tournaments. The Intramural Sports Program offers Active Military the opportunity to enhance individual morale and unite esprit de corps, through individual and team competition. Intramural sports include softball, golf, bowling, soccer, flag football, tennis, volleyball, basketball and power lifting.

Taylor Youth Services & Youth Sports

80 Texas Avenue; Fort Campbell, KY 42223

270-798-3643

Monday-Friday 5:30AM – 7PM

<http://www.fortcampbellmwr.com/>

Services: Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities.

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Special Needs

Overview: Special needs can include, but is not limited to children with Autism, Down syndrome, ADHD, Epilepsy, Brain Injury, Seizures or Cerebral Palsy. Special needs is a term used in clinical diagnostics to describe individuals who need assistance for their disabilities.

Blanchfield Army Community Hospital, Child and Adolescent Psychiatry Service

2437 21st St. and Indiana Ave, Fort Campbell, KY 42223

270-798-8437

Appointments: Monday-Friday 7:30AM – 4:00PM; *Walk-In:* Monday, Tuesday, Wednesday, and Friday, 7:30AM – 11:00 AM and 1:00PM – 3:00PM; Thursday, 9:00AM – 11:00AM and 1:00PM – 3:00PM

<http://www.campbell.amedd.army.mil>

Treatment Services: Child and Adolescent Psychiatry Service provide treatment for the emotional and behavioral problems of Family members ages 3 through age 17. Services include individual, group and Family therapy, as well as school consultation and parent education. Medication management is also provided. **Hours of Operation:** *Appointments:* Monday-Friday, 0730-1600; *Walk-In:* Monday, Tuesday, Wednesday, and Friday, 0730-1100 and 1300-1500; Thursday, 0900-1100 and 1300-1500.

ACS Exceptional Family Member Program

5661 Screaming Eagle Blvd., Fort Campbell, KY 42223

270-798-2727

Monday-Friday 7:30AM – 4:30PM Mon-Fri

<http://www.fortcampbellmwr.com/>

Services: The Fort Campbell Exceptional Family Member Program (EFMP) serves more than 2,600 individuals with special needs. EFMP is a mandatory enrollment program that works in partnership with various military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical support, and personnel services to Families with special needs. An exceptional Family member is a Family member (child or adult) with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, training or counseling. Army Community Service Exceptional Family Member Program offers advocacy services, IEP assistance, unit/FRG briefings, relocation assistance, respite care to eligible recipients, support groups, holiday and special events, and referrals. EFMP also partners with Child Youth and School Services to provide a two-week summer camp for children starting at age three to adult enrolled in EFMP. Children are allowed to attend the summer camp at no cost to parents.

Blanchfield Exceptional Family Member Program

650 Joel Drive (BACH "C" Building, 3rd Floor), Fort Campbell KY 42223

270-956-0614

Monday, Wednesday, Thursday, Friday 7:30AM – 4:00PM; Tuesday 7:30AM -11:30AM

<http://www.campbell.amedd.army.mil/>

Services: The military's Exceptional Family Member Program is designed to identify Family Members with special needs and make sure that the service member is assigned to a location where the Family member's medical needs will be met. An exceptional Family Member (EFM) is defined as an authorized Family Member who may require special medical or educational services based on a diagnosed physical, intellectual, or emotional handicap. An authorized Family Member may be a spouse, child, stepchild, adopted child, foster child, or a dependent parent. Disabilities may range from mild to severe. Considered needs include any special medical, mental health, developmental or educational requirement, wheelchair accessibility, adaptive equipment, or assistive technology devices and services. If someone in your Family

qualifies for the program, you are required to enroll in the EFMP. All active-duty Soldiers with OCONUS assignments must schedule a medical records screening for each Family Member. This screening must be completed before Family travel application can be processed. Appointments are scheduled when Soldiers attend their levy briefing or by calling 270-798-8830.

Blanchfield Educational and Developmental Intervention Services

2439 21st Street, Fort Campbell, KY 42223

270-798-8997

Monday-Friday 7:30AM – 4PM

<http://www.campbell.amedd.army.mil/bachclinics2.html>

Services for Education, and Intervention: Educational and Developmental Intervention Services (EDIS) is a community based program which provides developmental support to children from birth to 36 months. EDIS screens children for developmental concerns and provides services to eligible children who reside on Fort Campbell. The EDIS team includes several providers including speech - language pathologist, early childhood intervention specialist, an occupational therapist and a physical therapist. EDIS is here to help your child and family with any developmental concerns you may have. Give us a call today.

Tennessee Early Intervention System (TEIS)

1232 Foster Avenue (Davis 1), Nashville, TN 37243

615-532-7237

<http://www.tn.gov/education/teis/>

Services: Tennessee's Early Intervention System is a voluntary educational program for families with children ages birth through two years of age with disabilities or developmental delays. The primary goal of EI is to support families in promoting their child's optimal development and to facilitate the child's participation in family and community activities. The focus of EI is to encourage the active participation of families in the intervention by imbedding strategies into family routines. It is the parents who provide the real early intervention by creatively adapting their child care methods to facilitate the development of their child, while balancing the needs of the rest of the family.

Kentucky First Steps

Available in all Kentucky counties

877-417-8377

<http://chfs.ky.gov/dph/firstSteps/default.htm>

Services: First Steps is a statewide early intervention system that provides services to children with developmental disabilities from birth to age 3 and their families. First Steps is Kentucky's response to the federal Infant-Toddler Program. First Steps offers comprehensive services through a variety of community agencies and service disciplines and is administered by the Department for Public Health in the Cabinet for Health and Family Services.

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Spiritual Resiliency/Faith Resources

Overview: A liberal definition of spiritual resiliency is the inner-life ability to respond to life's stressors, adversity or traumatic events and proceed in life without diminishment (chronic symptoms) to the soul (inner-life). Please visit <http://www.campbell.army.mil/campbell/chaplain> for more information.

Religious Education Center

3203 Indiana; Fort Campbell, KY 42223

270-798-3185

Monday-Thursday 9AM – 4:30PM

<http://www.campbell.army.mil/campbell/chaplain>

Support Services: Catholic, Jewish, Muslim, Orthodox, Pagan and Protestant Religious Education Programs. Also includes Sacramental Preparation (Catholic); Baptism Classes; Adult Education programs; Summer Vacation Bible Schools; Volunteer Teacher Training

Emergency Crisis Hotline

Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell KY 42223

270-798-2273; 24 hour hotline

Emergency Support Services: This number should be used for emergency calls only.

Installation Chaplain Service

3101 Indiana Avenue, Fort Campbell, KY 42223

270-798-6124 (Units may contact their Unit Ministry Chaplain for assistance)

<http://www.campbell.army.mil/campbell/chaplain>

Support & Educational Services: Chaplains provide a full spectrum of distinctive faith group worship, religious education, Youth Ministry, wide variety of counseling services and suicide prevention training. Also covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel. Also includes Youth Ministry & Outreach Programs; Chapel Sponsored Women's Programs, Sunday School Classes.

Chaplain Services Family Life Center

2402 Indiana Avenue, Fort Campbell, KY 42223

270-798-3316

Monday-Friday 9AM – 5PM

www.campbell.army.mil/campbell/chaplain

Intervention & Prevention Services: The team at the Chaplain Family Life Center sees each individual as an individual who is of infinite value and worth. We reach out to assist individuals, couples and families who are going through personal, spiritual, social or emotional problems. Our pastoral therapy staff is clinically trained to provide care for individuals, married couples and families. Our hours of operation are Mon-Fri from 0900-1700. However, we do understand that Army life requires flexibility, so we can also manage some special times according to needs and staff availability. Child care is available through the Child Care Center. Please call at least two days before your appointment to make arrangements. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

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Sponsorship

Overview: Congratulations on your assignment to Fort Campbell. To benefit from the Fort Campbell Sponsorship Program, it is essential that Soldiers complete DA Form 5434 (Sponsorship Program Counseling and Information Sheet)

immediately upon receiving notification that they are being assigned to Fort Campbell. Please visit <http://www.campbell.army.mil/services/sponsorship/Documents/A5434.xfdl> to complete the form. The complete form should be sent to the gaining unit S1 (see Unit POCs listed below for contact information).

1BCT (270) 798-6019	2BCT (270) 798-7178/7177	3BCT (270) 798-6018
4BCT (270) 956-4883	101CAB (270) 956-3497/3494	159CAB (270) 798-5692 or (270) 412-5533
101SUSBDE (270) 798-2356/2508	101ST DIV HQS (270) 965-2946	52ND EOD (270) 798-7173
86TH CSH (270) 798-7552	5TH SF GRP (270) 798-4445	160TH SOAR (270) 798-1301
MEDDAC (270) 798-8388	VET CMD (270) 956-2861	DENTAC (270) 798-8602

eSponsorship Application & Training (eSAT)

<http://apps.mhf.dod.mil/ESAT>

Services: eSAT is designed to support military service members assigned the responsibility of unit sponsorship by supplying training online. eSAT also connects sponsors and newcomers through communication tools, which include sponsor and newcomer registration, newcomers’ needs assessment and custom welcome package.

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Suicidal Ideations, Gestures and Attempts

Overview: Any thoughts or acts of self-injury. Support Groups:
<http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx>

Blanchfield Army Community Hospital

650 Joel Drive, Fort Campbell, KY 42223
 Central Hospital Number - 270-798-8400

<http://www.campbell.amedd.army.mil/>

Primary Treatment & Intervention Services: Emergency Center: BACH “B” Building 2nd Floor; 24 hours a day, 7 days per week The EC is a state of the art facility designed and staffed to provide emergency care in times of crisis. Services include but not limited to mass casualty, trauma, critical care and suicide ideations/gestures/attempts.

Prevention Services: Adult Behavioral Health; Social Work Services; Child and Adolescent Psychiatry Service, 2421 22nd Street; Community Counseling Center, and Division Mental Health Service. Point of Contact Main Desk: (270)798-4269/4097; Hours: 7:30AM - 4PM.

Chaplain Services

3101 Indiana Avenue; Fort Campbell, KY 42223
 270-798-6124 (Units may contact their Unit Ministry Chaplain for assistance);
<http://www.campbell.army.mil/campbell/chaplain>

Intervention & Prevention Services: Chaplains provide a full spectrum of counseling and suicide prevention training. Also covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Consultants (MFLC)

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY 42223
270-205-1917

Monday-Thursday 8:00AM – 8:00PM; Friday 8:00AM – 4:00PM

Intervention and Prevention Services: MFLCs provide solution-oriented consultations to individuals, couples, families and groups. The Military and Family Life Consultant program is designed to provide support and assistance in a variety of issues. Issues can include combat stress, anxiety, grief, aggression, communication, deployment fatigue, etc. MFLCs services provide flexible appointment times, flexible meeting locations, no records are kept and services are FREE.

Suicide Prevention Program

234 Bastogne Ave; Fort Campbell, KY 42223
270-412-6825/0078

Prevention Services: The Suicide Prevention Program Manager is the proponent for Suicide Prevention Training for Soldiers, Family Members and Civilians.

Other Resources Include

1. National Suicide Prevention Hotline: 1-800-273-8255
2. DCoE Outreach Center: 1-866-966-1020
3. Military One Source: 1-800-342-9647
4. Fort Campbell 24/7 Crisis Line: 270-798-2273
5. Clarksville Crisis Center: 931-648-1000

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Support Groups

Overview: Support groups provide individuals and Families who are looking to connect with others during life's challenges.

Grieving Parents

650 Joel Drive, Fort Campbell, KY 42223
270-798-8777

Support Services: BACH offers a Parents Helping Parents Grieving Parents Support Group for anyone who has lost a child. The Support Group meets on the first Monday of each month from 7PM until 9PM in the Hospital Chapel, building "A", 0 Level. The Grieving Parents Support Group is designed to be a safe place for those who know your special grief. Everyone there has been where you are now. For more information, call 270-798-8777.

TBI Support group

652 Joel Drive, Fort Campbell KY 42223
270-798-8330

www.fortcampbellfisherhouse.org

Support Services: Every third Thursday, the Fisher House hosts a Traumatic Brain Injury Support Group for Soldiers and

their family members at 11 a.m. Lunch is offered immediately after the group meets. Following lunch the Wounded Warrior Support Group meets at 1 p.m.

Wounded/Injured Soldiers and Family Time

652 Joel Drive, Fort Campbell KY 42223

270-798-8330

www.fortcampbellfisherhouse.org

Support Services: Wounded or Injured Soldiers and their families are invited to lunch every Thursday at 12 p.m. at the Fisher House. Immediately following lunch Soldiers breakout into a group and family members in a separate group. The breakout groups begin at 1 p.m. For more information, call (270) 798-8777.

Ombudsman/Wounded Warrior Hotline

Support Services: BACH offers a local Soldier and Family advocate for wounded and ill Soldiers and their Family members. The Ombudsman provides a neutral and informal process to assist Warriors in Transition (WIT) and their Family members. The Ombudsman representative will attempt to link the Soldier or Family member with the appropriate subject matter expert or agency. Gregory M. Griffin serves as the local Ombudsman. His office is located on BACH's "A" Building, 4th floor in room 4 AA 46. His email address is Gregory.m.griffin@amedd.army.mil and office phone is 270-798-8827 and cell phone 931-561-9491.

Wounded Soldier and Family Hotline

270-798-8045 or 1-800-984-8523

Support Services: The phone line is monitored 24 hours a day and the email and fax are checked every 6 hours. The local hotline number is 270-798-8045 and is monitored through BACH's Adjutant's Office from 7:30 a.m. until 3:30 p.m. The hotline number is transferred to the Information Desk after hours and on weekends for staff duty to assist reporting to the Commander. The hotline local fax number is 270-956-0208. Or if you would prefer, you may email BACH.warriorhelp@amedd.army.mil. The National Wounded Soldier and Family Hotline is 1-800-984-8523. Both the local and national hotline numbers offer Soldiers and Family members a way to resolve medical issues when the chain-of-command route has been exhausted.

International Spouse Support Group

270-956-2676

acsrelocation@fortcampbellmwr.com

Support Services: The International Spouse Support Group provides information, assistance and support to all foreign-born Spouses. The group meets on the first Friday of each month from 1000-1130. Activities provided by the International Spouse Group include; Employment Workshops, Arts and Crafts, Cooking Classes, Stress Management Classes, Child Care Classes, Self Defense Classes, Citizenship Classes, Money Management Classes, Self Development and Self Motivational Training, Culture Adaptation Classes. The group also meets for lunch and dinner and several spouses share phone numbers and exchange child care. To sign up for the support group please contact our office at (270)956-2676 or email acsrelocation@fortcampbellmwr.com.

Hearts Apart (Waiting Families Program)

5661 Screaming Eagle Blvd. Fort Campbell, KY 42223

270-798-6313 or 270-956-2676

Support Services: A support Group is offered to Family members of Soldiers who are serving an unaccompanied restricted PCS tour or extended temporary duty assignment (TDY). The waiting Families support group discusses the stresses and concerns of their separation and shares coping skills with one another. Weekly emails are sent to each member of the support group with information on ACS, events happening on post. The support group meets once a month

on the last Friday of each month from 0900-1000 at the ACS building 5661 Screaming Eagle Blvd. For more information or to sign up contact us at (270)798-6313 or (270)956-2676.

Alcoholics Anonymous

6145 Desert Storm AVE, Fort Campbell KY 42223

615-831-1050

Mondays, Wednesday, Fridays 11:45AM – 1PM

<http://www.aanashville.org>; <http://www.aa.org/>

Support Services: Alcoholics Anonymous is a voluntary, worldwide fellowship of men and women from all walks of life who meet together to attain and maintain sobriety. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership. Weekly meetings are held at the DFMWR REC Center, Mondays, Wednesdays and Fridays at 11:45 a.m.

School Safety Hotline

1-800-639-5370

<http://mycrisishotline.com>

Support Services: School Safety Hotline is a safe hotline for youth to utilize to discuss issues with anorexia, cutting, drugs, grief, violence, teen pregnancy, sexual abuse, suicide, gangs and sexuality. All calls are confidential and anonymous.

SafeHouse

(931) 552-6900

Support Services: To provide crisis intervention and specialized shelter services to women and children subjected to domestic violence. To provide an environment of specialized support services that allow for immediate needs of the victim and healing to occur. To enable victim's re-entry into their community with dignity in a self-sufficient manner. To provide education to victims in the hope of diminishing the devastating effects of domestic violence.

Alzheimer's Caregivers' Support Group

Clarksville-Montgomery County Public Library; 350 Pageant Lane, Clarksville, TN 37040

931-648-8826

Support Services: The Alzheimer's Association, MidSouth Chapter, offers education and support for families and caregivers of those people affected by Alzheimer's disease and other dementias, meets the second Monday of each month at 6:30 p.m. at the Clarksville Montgomery County Public Library.

American Cancer Society

2008 Charlotte Ave., Nashville, 37203-2003

(615) 327-0991, (800) ACS-2345 Call in advance to register

www.cancer.org

Support Services: Cancer survivors can connect to one another to share experiences and provide support through live internet chats or pre-recorded phone messages, call (877) 333-HOPE.

Autism Support Group

Clarksville-Montgomery County Public Library; 350 Pageant Lane, Clarksville, TN 37040

931-648-8826

Support Services: The Autism Support Group meets at the Clarksville-Montgomery County Public Library. Please call 931-648-8826 for current meeting times.

La Leche League (Breastfeeding)

Clarksville-Montgomery County Public Library; 350 Pageant Lane, Clarksville, TN 37040

mrswells77@gmail.com

Support Services: La Leche League of Fort Campbell/Clarksville meets the third Wednesday of every month at the Clarksville-Montgomery County Public Library, in the large meeting room. Meetings begin at 10AM and cover the following topics: 1) The benefits of breastfeeding 2) At home with your new baby 3) The normal course of breastfeeding –Avoiding and overcoming difficulties and 4) Weaning and Nutrition.

MOMS Club of Clarksville

Clarksville-Montgomery County Public Library; 350 Pageant Lane, Clarksville, TN 37040

clarksvillemomsclub@yahoo.com

www.geocities.com/clarksvillemomsclub

Support Services: MOMS Club of Clarksville is for stay-at-home parents offering each other support and pre-school weekly activities. General meetings are on Friday at 10AM at the Clarksville-Montgomery County Public Library. Go through the first set of doors, turn right and go to the room at the end of the hall. Membership is \$20. The group offers playgroups based on the age of the child; weekly outings (parks, zoo, customs house, etc) and breakfast and lunch bunch are provided.

M.O.P.S. (Mothers of Preschoolers)

Memorial Chapel; 3934 Indiana Ave. (on the corner of Indiana Ave and 54th) Fort Campbell, KY 42223

703-986-9705

ftcampbellmops@gmail.com

<http://ftcampbellmops.blogspot.com/>

Support Services: MOPS stands for Mothers of Preschoolers and is open to all moms from pregnancy through kindergarten. MOPS Kickoff will be August 17th at 9:15AM until 12PM. The group meets every 1st and 3rd Wednesday at Memorial Chapel. Please call Ashley Whorley at 703-986-9705 for more information.

PWOC (Protestant Women of the Chapel)

Memorial Chapel; 3934 Indiana Ave. (on the corner of Indiana Ave and 54th) Fort Campbell, KY 42223

Tuesday mornings 9AM-12PM

Support Services: Free onsite childcare is available for ages 6 months - 5 yrs. Onsite Homeschool room for Kindergarten - Grade 5. The group offers weekly worship, fellowship and Bible studies. For more information check out our Facebook page: Ft Campbell PWOC or call (931) 503-8229 Erica Boettcher (President)

REBOOT Recovery Program and Support Group

SFAC; 2433 Indiana Avenue, Fort Campbell, KY 42223

931-292-2011

<http://www.rebootrecovery.com/>

Support Services: REBOOT Recovery is a 12 week program designed to help service members and their families heal from the spiritual wounds of war. REBOOT Recovery offers a powerful blend of clinical insight and Christian faith-based support that has been successful in mending souls and rebuilding families. REBOOT sessions incorporate topics from the Military Ministries book, —The Combat Trauma Healing Manual: Christ-centered Solutions for Combat Trauma, by Chris Adsit.

Family Information Resource Support Team (FIRST) Meetings

SFAC; 2433 Indiana Avenue, Fort Campbell, KY 42223

270-412-6000

Support Services: Companies may use the SFAC for FIRST meetings. FIRST stands for Family Information Resource Support Team. The mission of FIRST is to provide information, resources, and support Soldiers and their family the duration at the Warrior Transition Battalion. Each Company holds monthly meetings that are geared toward education our families on benefits and resources that will them during this process. In other words, this is not your typical FRG!

WTB Cancer Support Group

SFAC; 2433 Indiana Avenue, Fort Campbell, KY 42223

270-412-6000

Support Services: The WTB Cancer Support Group meets the Third Tuesday every month from 3PM – 5PM.

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Teen Issues

Overview: Teens will have issues ranging from depression, anxiety, disciplinary problems, lack of interest, isolation, and school issues. The programs and services below can offer help to teens and parents to cope with everyday adolescent life.

HIRED!

270-412-3994

<http://www.fortcampbellmwr.com/CYS/HIRED>

Services: The Tee HIRED! Apprenticeship Program is a year round program that provides youth (15-18 years) with meaningful, professionally-managed career-exploration opportunities in Morale, Welfare and Recreation (MWR) operations. The HIRED! Apprenticeship Program offers valuable paid work experience and training to better equip each participant with the skills needed for a highly competitive job market. Participants will earn a cash award upon completion of their term. The HIRED! Program requires its participants to work 15 hours per week for the full 12 weeks in order to qualify for the award. Visit our website for additional program information and an application.

EDGE! (Experience, Develop, Grow & Excel)

270-498-8002

Monday-Friday 3PM – 6PM

Services: The EDGE! program is an opportunity for youth ages 11-18 of military Families, DOD Civilians and Fort Campbell contractors who are registered with CYSS to experience, develop, grow and excel by participating in free art, fitness, life skills and adventure activities, such as paintball, culinary arts, auto-skills classes, archery and so much more.

School Safety Hotline

1-800-639-5370

<http://mycrisishotline.com>

Support Services: School Safety Hotline is a safe hotline for youth to utilize to discuss issues with anorexia, cutting, drugs, grief, violence, teen pregnancy, sexual abuse, suicide, gangs and sexuality. All calls are confidential and anonymous.

Social Work Services/Family Advocacy Program (FAP)

650 Joel Drive, Fort Campbell, KY 42223

270-798-8601

<http://www.campbell.amedd.army.mil/>

Intervention Services: FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for families involved with child abuse. Some of the treatment services available include: Anger Management Group, Stress Management Group, Parenting Classes, and Child/Family Counseling.

Intervention Services for Children & Teens: **Child and Adolescent Psychiatry Service;** Location: 2437 21st Street and Indiana Avenue; Point of Contact: (270) 798-8437

Army Family Team Building Program

Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY 42223

270-798-4800

Monday-Friday 7:30AM – 4PM

<http://www.fortcampbellmwr.com/>

Support & Education Services: AFTB offers personal and professional development classes free of charge to any person associated with the military. Soldiers E5 and below can earn up to 4 promotion points for taking 40 hours of training through the AFTB. Classes offered monthly and Unit briefs and classes for FRGs are available upon request.

Taylor Youth Services & Youth Sports

80 Texas Avenue, Fort Campbell, KY 42223

270-798-3643

Monday-Friday 5:30AM – 7PM

<http://www.fortcampbellmwr.com/>

Services: Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities. Teen activities include Teen Forum; 24/7 Teen Club; Sports; Mentorship Programs; The EDGE Program.

Fort Campbell School Liaison

5668 Screaming Eagle Blvd, Fort Campbell, KY 42223

270-798-9874/931-216-7990

Monday-Friday 8AM – 5PM

<http://www.facebook.com/home.php#!/pages/Fort-Campbell-School-Support-Services/293299870231>

Services: Assists parents with information and advocates on behalf of the student both on and off post schools. Provides support related to various issues for grades K-12. College scholarship opportunities, along with home school information, area private schools, and overall support.

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Traffic Violations

Overview: Moving violations charged to individuals including speeding, failure to obey a traffic device, automobile accidents, and non-alcohol-related reckless driving. Also includes resources such as vehicle registration and additional training.

Installation Provost Marshal Office U.S. Army MP

123 Forrest Road, Fort Campbell, KY 42223

270-798-7113

<http://www.campbell.army.mil/campbell/directorates/ES/Police>

Services: The Fort Campbell's Office of the Provost Marshal provides 24-hour law enforcement, force protection, and community assistance to Commanders, Soldiers, Family members, Civilians and guests of Fort Campbell. The Provost Marshal Office maintains liaison with federal, state and local law enforcement agencies and supports installation contingency operations. To submit anonymous crime tips to the MP Station text TIP329 with your crime description (e.g. John Doe stole TV from 123 Main ST) to 274637. You can also submit crime tips via your computer. 1) Go to www.militarycrimetips.com 2) Select "Fort Campbell Army Installation-Kentucky" 3) Provide as much information you have and select *submit tip*.

Clarksville Police Department: Administrative Division

135 Commerce Street, Clarksville, TN 37040
931-648-0656
<http://www.clarksvillepd.org>

Montgomery County Sheriff's Department: Administrative Division

120 Commerce Street, Clarksville, TN 37040
931-648-0611
<http://www.mcgtm.org/sheriff>

Oak Grove Police Department: Administrative Office

8505 Pembroke-Oak Grove Road, Oak Grove, KY
270-439-4602

Hopkinsville Police Department: Administrative Office

112 West First Street, Hopkinsville, KY 42240
270-890-1500
<http://www.hopkinsvilleky.us/police>

Christian County Sheriff's Department: Administrative Office

216 West 7th Street, Hopkinsville, KY 42240
270-887-4143

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Transportation/Automotive

Overview: Services regarding transportation and vehicles

Airport Shuttle Services

Jarmon Transportation Services

Nashville Airport and 170 Holiday Drive, Clarksville, TN
615-275-0146 (Airport Location); 931-648-1411 (Clarksville Location)
www.jarmontransportation.com

Services: Provides service between Nashville Airport and Fort Campbell. No hourly schdeule, service is offered every day including holidays except Christmas. Fare is \$45 per person one way. Roundtrip fare is \$80. Jarmon provides free service to Soldiers with Orders to Fort Campbell, shuttle takes Soldiers to in-processing.

24 Hour Clarksville Airport Shuttle

Nashville Airport and Exit 11 Clarksville, TN
931-552-9928 or 931-237-2699

www.myshuttlelimo.com

Services: Door to door service between Clarksville/Fort Campbell and Nashville International Airport, 24 hour service; \$75 for first person, \$10 for each additional person

Any Time-Transport Airport Shuttle

Nashville, TN
615-217-7433

Services: Travels primarily to and from Nashville Airport from and to the suburban areas of Nashville, Clarksville, Fort Campbell, and Mid TN; www.anytimetransport.com

Automotive Services

Air Assault Auto Repair Center and Parts Store

5300 Airborne St & Tennessee, Fort Campbell, KY 42223
270-956-1101; After Hours 931-980-3226
Monday-Friday 7AM – 5PM, Saturday 9AM – 4PM

Services: Car repair and parts store wrecker service available

Firestone Car Care

92 Michigan Avenue, Fort Campbell KY 42223
270-439-1865
Monday-Saturday 7AM – 6PM

Service: Tires, vehicle services and repair and auto supplies

Clarksville Driver's License Office

220 West Dunbar Cave Rd, Clarksville, TN
931-648-5596

Monday-Friday 7AM – 5:30PM, Second Wednesday of each month 8AM – 5:30PM

www.tennessee.gov

Services: Issues licenses and learner's permits required to operate a motor vehicle, I.D. cards to non-drivers who are county residents. Voter registration applications available at all locations; no test is required if current license is valid.

Hopkinsville Driver's License Office

100 Justice Way Christian County Justice Center; Hopkinsville, KY
270-889-6540

Monday – Friday 8AM – 4:30PM

Services: Issues licenses and learner's permits required to operate a motor vehicle, I.D. cards to non-drivers who are county residents. Voter registration applications available at all locations; no test is required if current license is valid.

Vehicle Registration On-Post

Gate 4 & 7 and Building 94 issues vehicle/motorcycle decals. An immediate right when you come in Gate 4 & 7
270-798-5047

Gate 4: Monday-Friday 6AM – 6:30PM, Saturday 9AM – 5:30PM, Sunday 9AM – 1:30PM

Gate 7: Monday-Friday 7:30AM – 10:30AM, Closed weekends and Holidays

Services: The vehicle registration section issues military personnel, Family members, Civilians, Contract workers, and Retirees, Department of Defense decals, weapons registration, and bicycle registration

Tennessee Vehicle Registration

350 Pageant Lane #502; Clarksville, TN

931-648-5711

Monday-Friday 8AM – 4PM

Services: vehicle registration/tags

Kentucky Vehicle Registration

511 South Main Hopkinsville Rd, Hopkinsville, KY

270-887-4105

Monday-Wednesday 8AM – 4PM, Thursday 8AM – 6PM, Friday 8AM – 4:30PM

Services: Vehicle registration/tags, marriage license, passport, deeds, election.

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Warrior Transition Battalion

Overview: The purpose of the Warrior Transition Unit is to prepare Soldiers to return to their active duty unit or to become successful Army veteran in civilian life through medical and physical treatment and transitioning assistance.

Army Wounded Warrior Program (AW2)

Soldier Family Assistance Center (SFAC) 2703 Michigan Avenue, Fort Campbell, KY 42223

270-412-6018 or 270-412-6000

<http://wtc.army.mil/aw2/index.html>

Services: The Army Wounded Warrior Program (AW2) is the official U.S. Army program that assists and advocates for severely wounded, ill, and injured Soldiers, Veterans, and their Families, wherever they are located, regardless of military status. Warriors in Transition who qualify for AW2 are assigned to the program as soon as possible after arriving at the WTU. AW2 supports these Soldiers and their Families throughout their recovery and transition, even into Veteran status. This program, through the local support of AW2 Advocates, strives to foster the WT's independence.

Warrior Transition Battalion

6736 Desert Storm Ave, Fort Campbell, KY 42223

270-956-0693; Operations 270-798-956-0685, Finance 270-956-0686, FRSA 270-412-8656, Ombudsman 270-798-0757,

Carenton Clinic 931-542-7974

Monday-Friday 7:30AM – 3:30PM

<http://www.campbell.amedd.army.mil/>

Treatment & Support Services: The Warrior Transition Unit houses Soldiers with optimal medical benefit, expeditious and comprehensive personnel and administrative processing, while receiving medical care. The Army will take care of its Soldiers through high quality, expert medical care. For those who leave the Army, they will administratively process them with speed and compassion and assist with transitioning Soldiers medical needs to the Dept. of Veterans Affairs for follow-on care.

Soldier Family Assistance Center (SFAC)

2433 Indiana Ave.; Fort Campbell, KY 42223

270-412-6000

Monday-Friday 7:30AM – 4:30PM

<http://www.fortcampbellmwr.com/acs/sfac/index.html>

Support Services: Provides Wounded Warriors with the support they need to heal and transition back to their unit or civilian life. The SFAC provides Soldiers and their Families with financial services, education counseling, social services, employment assistance, family advocacy, ACS services, military personnel services, VA assistance, chaplain services and referral services.

Blanchfield Ombudsman/Wounded Warrior Hotline

650 Joel Drive; Fort Campbell, KY 42223

270-798-0757/798-8827

Monday-Friday 7:30AM – 2:30PM

<http://www.campbell.amedd.army.mil/>

Support Services: BACH offers Soldiers and Family advocate for wounded and ill Soldiers and their Family member. This service provides a neutral and informal process to assist warriors in transition and their Family members. The National Wounded Soldier and Family Hotline is 1-800-984-8523 and offer Soldiers and Family members a way to resolve medical issues when the chain-of-command route has been exhausted.

Army Career and Alumni Program

5661 Screaming Eagle Blvd; Fort Campbell, KY 42223

270-798-5000

Monday-Wednesday 7:30AM – 4PM, Thursday-Friday 7:30AM - 3PMHours

Services: ACAP's mission is to provide timely and effective transition assistance to all transitioning DA personnel, Retirees and their Families. The goal is to prepare those members in transition for success by providing pre-separation counseling and job search preparation.

ACS Relocation Readiness Program

5661 Screaming Eagle Blvd; Fort Campbell, KY 42223

270-956-2676/6313/0513

Monday-Wednesday, Friday 8AM – 4PM, Thursday 9:30AM – 4PM

<http://www.fortcampbellmwr.com/>

Support Services: “Plan my move” is an automated information system designed to provide relocation information for all military installations within CONUS and OCONUS. Website is www.militaryonesource.com. Other programs include Newcomers Orientation; Eagle Family Welcome; Smooth Move Briefings; Resources Center; Individual Relocation Counseling; Waiting Families Support; International Spouses support; Citizenship Classes; English as a Second Language classes; and Sponsorship Training.

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Weight Management/Fitness

Overview: Facilitating maintenance of optimal body weight and percent body fat.

LaPointe Nutrition Clinic

LaPointe Clinic; 5979 Desert Storm AVE, Fort Campbell, KY 42223

270-956-0134

Monday-Friday 7:30AM – 4PM

Primary Prevention & Treatment Services: Specific for Active Duty only. Primary Care Services that includes Nutrition counseling and classes for weight loss and weight gain, high cholesterol, high blood pressure, sports nutrition, eating disorders and other nutrition based illnesses. Active Duty weight control classes are offered two or more times per month and can be scheduled by calling 270-956-0314.

Estep Wellness Center

2270 14th & Kentucky, Fort Campbell, KY 42223

270-798-4023/4664

Monday-Friday 5AM – 9PM, Saturday 7AM – 6PM, Sundays 10AM – 6PM, Holidays/DONSAs 7AM – 6PM

Support Services: The center offers a comprehensive fitness assessment utilizing the Micro Fit Computerized Fitness Evaluation System. Equipment includes a wide variety of aerobics machines. The center also offers several classes in step Cardio, Prenatal, kickboxing and more.

Other Fitness Centers

1. Olive Physical Fitness Center; 6990 Screaming Eagle Blvd; 270-798-4101
2. Freedom Fighters Gym; 7037 Lifeline Road; 270-798-7355/7365
3. Gertsch Physical Fitness Center; 3610 50th Street; 270-798-2753
4. Fratellenico Physical Fitness Center; 3932 Omdiana Ave; 270-798-9418/9409
5. Lozada Physical Fitness Center; 6992 38th Street; 270-798-4306
6. Fryar Stadium Sports and Fitness Office; 5666 Wickham Ave; 270-798-3094

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Women's Health

Overview: Women's Health refers to OB/GYN Health/Issues. <http://www.campbell.amedd.army.mil/>

Blanchfield Army Community Hospital Department of Women's Health

650 Joel Drive; Fort Campbell, KY 42223

270-798-8151

<http://www.campbell.amedd.army.mil/>

Primary Care & Treatment Services: The Department of Women's Health includes the OB/GYN clinic, Labor and Delivery, Mother-Baby Unit and Special Care Nursery. The Department of Women's Health provides a wide spectrum of health care by OB/GYN specialty physicians, certified nurse midwives, nurse practitioners, registered nurses, licensed practical nurses, nursing assistants and administrative staff.

Blanchfield Labor & Delivery

270-798-8219

Primary Care Services: Inpatient OB care is provided on Labor and Delivery. During delivery, families are welcome. Only siblings of the newborn are allowed on the Labor and Delivery ward. Children may not be left unattended in the hospital. After regular duty hours, OB outpatients who are at least 20 weeks are seen in Labor and Delivery. Women who are less than 20 weeks pregnant will be seen in the Emergency Center after duty hours.

Blanchfield Mother-Baby Unit

270-798-8090

Support Services: The Mother-Baby Unit provides Family-centered maternity and newborn care while meeting the individual needs of mother and baby with minimum disruption and separation. The newborns remain with their mothers. Only siblings of the newborn are allowed in the Mother-Baby Unit. Children may not be left unattended in the hospital. The Mother-Baby Unit has a Special Care Nursery that provides Level 1 care to neonates requiring close observation.

Blanchfield Women's Health Classes

270-798-8750

Pregnancy

1. Second and Third Trimester Information – Attend at about weeks 14-40 of pregnancy.
2. Gestational Diabetes – Offered weekly for those referred by their providers.
3. Sibling Class – For kids of expecting parents to learn about becoming a big brother or big sister.
4. Postpartum Education for Pregnant Gals - Learn what to expect after delivery.

Childbirth

1. Preparation for Childbirth - This is a four hour class about includes information on birth options, relaxation, tools for birth such as breathing techniques. Tour is included in class. Registration is needed to attend. Partners are encouraged to attend if possible. Please call 798-8750 to register. Please plan to attend during the last 6-8 wks of your pregnancy. Register between 25 and 32 weeks of pregnancy as classes fill fast.
2. Refresher Childbirth – for couples (moms) not having their first child. Tour included. No registration.

Infant Care/ Parenting

1st Time Parent Class - Offered on a walk-in basis through the New Parent Support Program. Class is monthly from 8:45 am – 11:45 am the 3rd Wed of each month.

WALK-IN ONLY NO Registration. This class is **NOT** taught at BACH. Please call 798-5875 for location.

Contraception Options

Usually offered weekly, on Wednesday 11 AM – 12 PM. The Class is held in Room 2AC77 on the second floor by the Mother Baby Unit. All methods of contraception are discussed. This class is for anyone interested in contraception options. This class is suggested for those desiring female sterilization. Call 270-798-8750 for information.

Breastfeeding

Breastfeeding Information – This class is recommended for the last few months of pregnancy. You may attend any time during pregnancy. Please call 956-0210 to register for this class.

1. Due to content and subject matter, the above classes are for adults/parents. Please respect the needs of other participants in this matter.
2. During the SIBLING CLASS, the whole family, parents and children are welcome. Children attending the sibling class need an adult with them.

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ACS Army Emergency Relief (AER) 270-798-5518

ACS Army Family/Teen Team Building Program 270-798-4800

ACS Exceptional Family Member Program 270-798-2727

ACS Family Advocacy Program 270-412-5500

ACS Outreach Program 270-798-0609/0263

ACS Volunteer Program 270-956-2934 or 270-412-6771

Adult Behavioral Health Center 270-798-4097/4269

Airport Shuttle Services

Jarmon Transportation Services 615-275-0146

24 Hour Clarksville Airport Shuttle 931-552-9928 or 931-237-2699

Any Time-Transport Airport Shuttle 615-217-7433

Alcoholics Anonymous 615-831-1050

American Red Cross 931-645-6401; Emergency After Hours 1-877-272-7337

Animal Shelter 270-798-5519

Army Lodging

Richardson Army Lodging (TDY Lodging) 931-431-4496

Turner Army Lodging 270-439-2229

Army Career and Alumni Program 270-798-5000

Army Education Center (AEC) 270-798-3201

Army Substance Abuse Program (ASAP) 270-412-0214

Army Substance Abuse Program (Clinical Program) 270-412-6883

Army Wounded Warrior Program (AW2) 270-412-6018 or 270-412-6000

Audiology Clinic 270-956-0305

Automotive Services

Air Assault Auto Repair Center and Parts Store 270-956-1101; After Hours 931-980-3226

Firestone Car Care 270-439-1865

A Shau Valley Clinic 270-412-3535/3541

Aviation Health Clinic 270-412-8688

B

Bastogne Clinic 270-412-0091/0092

Better Opportunities for Single Soldiers (BOSS) 270-798-7858/7391

Blanchfield Army Community Hospital 270-798-8400

Blanchfield Department of Women's Health 270-798-8151
Blanchfield Educational and Developmental Intervention Services 270-798-8997
Blanchfield Exceptional Family Member Program 270-956-0614
Blanchfield Family Advocacy Program 270-798-8601; After hours 270-798-8400
Blanchfield Labor & Delivery 270-798-8219
Blanchfield Mother-Baby Unit 270-798-8090
Blanchfield Women's Health Classes 270-798-8750
Blue Clinic 270-798-8706

C

Caregivers Guide to the Comprehensive Transition Plan 1-800-984-8523
Care Provider Support Program 270-956-0765
Carentan Clinic 270-412-3745
Casualty Assistance Center 270-798-4727; After-Hours 931-216-3380
Central Medical Processing Station 270-956-0307/270-798-8704
Chaplain Services Family Life Center 270-798-3316
Child Abuse and Neglect
 Fort Campbell Abuse reporting 270-798-8601
 Military Police (on-post only) 270-798-7111/7112
 Kentucky Abuse Hotline 800-752-6200
 Tennessee Abuse Hotline 877-237-0004/0026
 DoD Child Abuse Safety and Violation Hotline at 1-800-336-4592
Child and Adolescent Psychiatry Service 270-798-8437
Child, Youth and School Services 270-798-0674
Chiropractic Clinic 270- 956-0250
Christian County Public School System 270-887-7000
Clarksville Crisis Center 931-648-1000
Clarksville-Montgomery County Schools 931-648-5600
Consumer Affairs Office 270-798-5518
Community Action Agency 931-648-5774

D

Department of Community Based Services/Food Stamp Kentucky 270-889-6512
Department of Human Services/Food Stamp Tennessee 931-648-5500
Dog Parks 270-798-4017
Driver's License Office
 Clarksville 931-648-5596

E

Emergency Crisis Hotline 270-798-2273

Employee Assistance Program 270-798-4411

Equal Employment Opportunity 270-798-3765

F

Family Employment Readiness Program 270-798-4289/4412

Family Readiness Support Assistant

Division: 931-217-5019

1BCT: 931-472-5255

2BCT: 931-472-5365

3BCT: 931-249-1373

4BCT: 931-472-5632

Sustainment Brigade: 931-217-9863

101st Combat Aviation Brigade: 931-472-5856

159th Combat Aviation Brigade: 931-472-5994

HHB, 101st: 931-472-5694

86th CSH: 931-249-3354

5th SFG (A): 931-980-8855

160th SOAR: 270-889-8494

52nd EOD: 931-494-0723

WTU: 931-249-6251

MEDDAC: 270-956-3815

Family Resource Center 866-252-9391

Financial Planning Office 270-798-5518

Fire Department 270-798-7171

First Assembly of God 931-648-1324

First Sergeant's Barracks Program 931-431-2330

Fisher House 270-798-8330

Fitness Facilities

Estep Wellness Center 270-798-4023

Fratellenico Physical Fitness Center 270-798-9418/9409

Freedom Fighters Gym 270-798-7355/7365

Fryar Stadium Sports and Fitness Office 270-798-3094

Gertsch Physical Fitness Center 270-798-2753

Lozada Physical Fitness Center 270-798-4306

Olive Physical Fitness Center 270-798-4101

Food Assistance

Department of Community Based Services/Food Stamp Kentucky 270-889-6512

Department of Human Services/Food Stamp Tennessee 931-648-5500 or 1-866-311-4287

Salvation Army Corps Shelter 270-885-9633/6006

Salvation Army Corps Community Center 931-552-5350/553-8494

Southside Church of Christ 270-885-8392

Grace Assistance 931-648-9093

First Assembly of God 931-648-1324

Community Action Agency 931-648-5774

Fort Campbell Crossing Welcome Center 931-431-9003

Fort Campbell Crossing Welcome Center 931-431-9003

Fort Campbell Schools 270-439-1927

G

Gold Clinic 270-898-8227

H

Hearing Conservation Clinic 270-956-0305

Housing Services Office (HSO) 270-798-3808

I

Installation Chaplain's Office 270-798-6124

J

Job Information Center 270-798-4412, NAF Job Hotline 270-798-3894

K

Kennels 270-798-2629/2487

Kentucky First Steps 877-417-8377

L

LaPointe Health Clinic 270-412-8700

Lending Closet 270-798-6313/0513/956-2676

M

Marriage & Family Therapists 270-798-8601
Master Resiliency Training 270-798-4800
Mc Neal Crisis Relief Center 270-886-9734
Medical Evaluation Board Counsel 270-412-3272
Military Family Life Consultants (MFLC) 270-205-1917
Military OneSource Counseling Services 1-800-342-9647
MWR Special Events 270-798-7535
MWR Sports and Fitness 270-956-1006

N

New Parent Support Program 270-956-3850
Not Alone 1-888-497-0379
Nutrition Clinic 270-412-9109

O

Optometry Clinic 270- 956-0304
Outdoor Recreation 270-798-2175

P

Pharmacy 270-956-0313
Physical Therapy 270-956-0306
Police
 Christian County Sheriff's Department 270-887-4143
 Clarksville Police Department 931-648-0656
 Hopkinsville Police Department 270-890-1500
 Installation Provost Marshal Office U.S. Army MP 270-798-7113
 Montgomery County Sheriff's Department 931-648-0611
 Oak Grove Police Department 270-439-4602
Preventive Medicine Services 270-956-0114

R

Radiology 270-956-0308
Rape Crisis Counseling 931-647-3632 After Hours 270-798-8400
Religious Education Center 270-798-3185

Relocation Readiness Program 270-956-2676/6313/0513

Riding Stables 270-798-2629/2487

S

Salvation Army Corps Community Center Shelter 270-885-9633/6006

Salvation Army Corps Community Center 931-552-5350/553-8494

School Liaison 270-798-9874/931-216-7990

Sexual Assault Prevention and Response Program 270-412-5500

Social Work Services 270-798-8601 After Hours 270-798-8400

Soldier Family Assistance Center (SFAC) 270-412-6000

Southside Church of Christ 270-885-8392

Staff Judge Advocate 270-798-0918

Suicide Prevention Hotline 1-800-273-8255

Suicide Prevention Program 270-412-6825/0078

Survivor Outreach Services 270-798-0272

T

Tobacco Cessation Program 270-956-0100

Taylor Youth Services & Youth Sports 270-798-3643

Tennessee Early Intervention System (TEIS) 615-532-7237

Traumatic Brain Injury Clinic 270-412-5114/6115

TRICARE Dental Program 888-622-2256

U

Urban Ministries United Methodist 931-648-9090

V

Victim Advocacy Program 270-956-3737/412-5500

Vehicle Registration

Kentucky 270-887-4105

On-Post 270-798-5047

Tennessee 931-648-5711

Veterinary Services 270-798-3614/4844

Volunteer Corps 270-956-2934 or 270-412-6771

W

Warrior Transition Unit 270-956-0693

Wounded Warrior Hotline 270-798-0757/798-8827

Wounded Warrior Wives 800-722-6098

Y

YMCA 270-798-7422

Young Eagle Clinic 270-798-8258

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Appendix 2 – Pre-Deployment Checklist

1. A Durable Power of Attorney

Location: _____

Attorney: _____ Phone Number: _____

2. All immunizations up-to-date for each Family member

Name	Last Checked

3. Know where the immunization records are kept

Name	Location of Record

4. Know where important medical and dental records are kept for each Family member

Name	Location of Record

5. Know how to get the right medical assistance

Primary Physician:	Phone:	Address:
Specialist:	Phone:	Address:
Emergency Care:	Phone:	Address:
Dental:	Phone:	Address:
Poison Control:	Phone:	Address:
Veterinary:	Phone:	Address:

6. Reliable child care in case of emergencies

Name:	Phone:	Address:
Name:	Phone:	Address:
Name:	Phone:	Address:

7. Know how to pay the bills in-absence of your Soldier

Mortgage/Rent Company:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Telephone/Cell Phone:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Internet:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Cable Television:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Water/ Sewage:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Trash Disposal:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Electricity:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Natural Gas:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Car Insurance:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Property Insurance:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Health Insurance:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Automobile Loan:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Automobile Loan:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Child Care:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Other:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

Other:	Account Number:
Amount:	Due Date:
Address:	Mail/Drop Off/ Online:
Phone Number:	Contact Person:

8. Know the address, account numbers, point of contact for each bank account

Branch:	Account Number:
Phone Number:	Contact Person:
Address:	Notes:

Branch:	Account Number:
Phone Number:	Contact Person:
Address:	Notes:

Branch:	Account Number:
Phone Number:	Contact Person:
Address:	Notes:

Branch:	Account Number:
Phone Number:	Contact Person:
Address:	Notes:

9. Know the contact information for all the credit cards your Family has

Credit Card/Issuer:	Account Number:
Authorized Users:	Name on Account:
Phone Number:	Minimum Monthly Payment:
Address:	Credit Limit:

Credit Card/Issuer:	Account Number:
Authorized Users:	Name on Account:
Phone Number:	Minimum Monthly Payment:
Address:	Credit Limit:

Credit Card/Issuer:	Account Number:
Authorized Users:	Name on Account:
Phone Number:	Minimum Monthly Payment:
Address:	Credit Limit:

Credit Card/Issuer:	Account Number:
Authorized Users:	Name on Account:
Phone Number:	Minimum Monthly Payment:
Address:	Credit Limit:

10. Know where your Family's financial and insurance records are maintained

Record:	Location:

11. If you have a safe deposit box, do you know where the key is?

Box Location:	Key Location:

12. Have your Soldier's unit information

Command Contact:	Phone Number:
FRSA:	Phone Number:
Unit Chaplain:	Phone Number:
FRG Leader:	Phone Number:

Need Help? For immediate assistance call a Military and Family Life Consultant at 270-205-1917 or Adult Behavioral Health Services at 270-798-4097. Or contact your unit FRSA.

Division FRSA	931-217-5019
1BCT FRSA	931-472-5255
2BCT FRSA	931-472-5365
3BCT FRSA	931-249-1373
4BCT FRSA	931-472-5632
Sustainment Brigade FRSA	931-217-9863
101 st Combat Aviation Brigade FRSA	931-472-5856
159 th Combat Aviation Brigade FRSA	931-472-5994
HHB, 101 st FRSA	931-472-5694
86 th CSH FRSA	931-249-3354
5 th SFG (A) FRSA	931-980-8855
160 th SOAR FRSA	270-889-8494
52 nd EOD	931-494-0723
WTU	931-249-6251
MEDDAC	270-956-3815

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